

Proud Mary

COPPER KNOB
STEPPEDETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Susan Prats (USA) - March 2019
音乐: Proud Mary - Creedence Clearwater Revival



Start 24 beats into music, right lead

FORWARD, BACK, TRIPLE, BACK, FORWARD, TRIPLE

1-2, 3&4 Rock R forward (1), recover L (2) triple R (3), L (&), R (4) in place
5-6,7&8 Rock L back (5), recover R (6), triple L (7), R (&), L (8) in place

K-STEP WITH CLAPS

1-2 Step R to forward right (1), touch L next to R and clap (2)
3-4 Step L to back left (3), touch R next to L and clap (4)
5-6 Step R to back right (5), touch L next to R and clap (6)
7-8 Step L to forward left (7), touch R next to L and clap (8)

ROCK RIGHT, RECOVER, TRIPLE, ROCK LEFT, RECOVER, TRIPLE

1-2, 3&4 Rock R to right (1), recover L (2), triple R (3), L (&), R (4) in place
5-6,7&8 Rock L to left (5), recover R (6) triple L (7), R (&), L (8) in place

PADDLE 1/8 LEFT X 2, V-STEP

1-2 Step R (1), paddle L with 1/4 turn left (2)
3-4 Step R (3), paddle L with 1/4 turn left (9:00) (4)
5-6 Step R to forward right (5), step L to forward left (6)
7-8 Step R back to center (7), step L next to R (8)

Restart

Tag: To end at 12:00, on last wall, omit V step and add 2 paddles 1/8 left.
