

The One I Want

COPPER KNOB
STEPSHEETS

拍数: 48 墙数: 2 级数: Easy Intermediate
编舞者: Nolwenn BERTIN (FR) - February 2019
音乐: One I Want by Flatland Cavalry "Humble Folks" (2016)



Start dancing after 16 counts

STEP, POINT, STEP, KICK, COASTER STEP, TRIPLE STEP, STEP ½ TURN

1 & 2& RF forward, Left Touch backward, LF backward, Right Kick forward
3 & 4 Right Coaster Step (ending weight on RF)
5 & 6 Left Triple Step forward (L-R-L)
7 - 8 RF forward, Turn ½ Left (ending weight on L) 6:00

STEP, POINT, STEP, KICK, COASTER STEP, TRIPLE STEP, STEP ¼ TURN

1 & 2& RF forward, Left Touch backward, LF backward, Right Kick forward
3 & 4 Right Coaster Step (ending weight on RF)
5 & 6 Left Triple Step forward (L-R-L)
7 - 8 RF forward, * Turn ¼ Left (ending weight on L) 3:00

Restart here on Wall 6, with a '½ Turn Left' instead of '¼ Turn Left'

SYNCOPATED WEAVE, SIDE ROCK ½ TURN, COASTER STEP FORWARD & BACKWARD

1 & 2& RF on R side, Cross LF behind RF, RF on R side, Cross LF over RF
3 & 4 Right Side Rock, recover on LF with a ½ Turn R, RF on R side - 9:00
5 & 6 Left Coaster Step forward (ending weight on LF)
7 & 8 Right Coaster Step backward (ending weight on RF)

¼ SWAY, LEFT TRIPLE STEP, ¼ SWAY, RIGHT TRIPLE STEP

1 - 2 Turn ¼ R with a Left Sway (ending weight on RF) 12:00
3 & 4 Left Side Triple (L-R-L)
5 - 6 Turn ¼ R with a Right Sway (ending weight on LF) 3:00
7 & 8 Right Side Triple (R-L-R)

ROCK FORWARD, SIDE ROCK, COASTER STEP, STEP ½ TURN HOOK, TRIPLE STEP

1 & 2& Left Rock Step forward, Left Side Rock on L side (ending weight on RF)
3 & 4 Left Coaster Step backward
5 - 6 RF forward, Turn ½ L with a Left Hook 9:00
7 & 8 Left Triple forward (L-R-L)

MODIFIED MONTEREY TURN, SIDE, BEHIND, ¼ SIDE, STEP ½ TURN, WALK X2

1 - 2 Right Point to R side, Turn ½ R with RF next to LF (ending weight on RF) 3:00
3 & 4 LF on L side, Cross RF behind LF, Turn ¼ L with LF forward - 12:00

Restart here on wall 5

5 - 6 RF forward, Turn ½ L (ending weight on LF) - 6:00
7 - 8 Walk Right & Left

Thanks a lot to my lovely husband for his help on the last 8 counts !

START AGAIN AND KEEP SMILING !

Memo

R. = Right, Fwd = Forward

L. = Left, Bwd = Backward

BCh = Ball Change, Tch = Touch

