

I Hope

拍数: 32 墙数: 2 级数: High Intermediate
编舞者: Maggie Gallagher (UK) - February 2019
音乐: I Hope - Gabby Barrett : (Amazon and iTunes)



Intro: Start on vocals (16 counts)

S1: SIDE POINT ROCK, ¼, ½, ROCK, RECOVER, ½/SWEEP, BEHIND SIDE CROSS, HITCH, CROSS, ¼, ¼

1&2 Step right to right side, Point left to left side, Rock onto left angling body to left
3& ¼ right stepping forward on right, ½ right stepping back on left [9:00]
4&5 Rock back on right, Recover on left, ½ left stepping back on right sweeping left behind right [3:00]
6&7 Cross left behind right, Step right to right side, Cross left over right
&8 Ronde hitch right from back to front, Cross right over left
&1 ¼ right stepping back on left, ¼ right stepping right to right side [9:00]

S2: CROSS, ROCK, RECOVER, CROSS, SIDE, BEHIND, HITCH, BEHIND, SIDE, CROSS/SWEEP, CROSS, ¼, ROCK, RECOVER

&2& Cross left over right, Rock right to right side, Recover on left
3&4& Cross right over left, Step left to left side, Cross right behind left, Ronde hitch left from front to back
5&6 Cross left behind right, Step right to right side, Cross left over right sweeping right from back to front
7&8& Cross right over left, ¼ right stepping back on left, Rock right to right side, Recover on left

***Restart Wall 3 & Wall 6**

S3: TOUCH KICK STEP, STEP, ¼, BEND, BACK R, L, R/KICK, RUN L-R-L-TOGETHER

1&2 Touch right next to left bending left knee, Kick right forward rising up on left, Step forward on right
&3 Step forward on left, ¼ right stepping down on right with a low kick on left out to left side & throwing arms out diagonally down [3:00]
4 Close left next to right on right diagonal [4:30] bending right knee with head slightly looking down & arms crossed over the chest with fists clenched
5&6 Dropping arms run back right, Run back left, Run back right kicking left forward
7&8& Run forward left, right, left, Step right next to left [4:30]

S4: ROCK, RECOVER, ½, ROCK, RECOVER, ⅝, PRISSY WALK, WALK, ½, ½, STEP, TOUCH

1-2& Rock forward left, Recover on right, ½ left stepping forward on left [10:30]
3-4& Rock forward on right, Recover on left, ⅝ right stepping forward on right [6:00]
5-6 Walk forward on left crossing slightly over right, Walk forward on right
7&8& ½ right stepping back on left, ½ right stepping forward on right, Step forward on left, Touch right next to left [6:00]

***RESTARTS: After 16& counts on Walls 3 & 6 facing [12:00]**

ENDING: Dance 16& counts on Wall 9, then touch right next to left to finish facing [12:00] with arms crossed over the chest with fists clenched (optional styling)

Thank you to Jane Kenrick for suggesting this music

www.facebook.com/MaggieGChoreographer or www.maggieg.co.uk

Last Update - 2 April 2019

