

Cas Cis Cus

拍数: 64 墙数: 1
编舞者: Evi Pravita (INA) - March 2019
音乐: Cas Cis Cus by Harry Roesli

级数: Phrased Improver



Sequence : A A B B A A Tag A B B Tag

Intro: 40 counts

Thanks To my family for support & Special thanks to Kania Roesli for giving me this song.

PART A: 32 count

Section A1: Hitch / Place x4

- 1 - 2 Rise R foot, step down
- 3 - 4 Rise L foot, step down
- 5 - 6 Rise R foot, Step down
- 7 - 8 Rise L foot, Step down

(For step movement forward do Like ketuk Tilu dance, the traditional dance from Indonesia.while doing this movement put both of your palm on your shoulder)

Section A2: Cross, Hitch, Side, Touch 2x . R , L

- 1 - 2 cross R heel over L, Hitch
- 3 - 4 step R side, touch L beside R
- 5 - 6 cross L heel over R , Hitch
- 7 - 8 step L side , touch R beside L

(while do this section put your pointer finger on your forehead and put another hand on your waist)

Section A3: Side, touch R,L, ¼ turn R, step L forward, ½ pivot turn R, ¼ turn R

- 1 - 4 step R to R side, touch L beside R, step L to L side ,touch R beside L
- 5 - 8 turn ¼ R step R forward 3.00 , step L forward, ½ turn R step R forward 9.00, ¼ turn R step R side

Section A4: Pivot ½ turn L, forward lock shuffle 2x, pivot ½ turn L

- 1 - 2 step R forward , 1/2 turn to left step L forward 6.00
- 3 & 4 step R forward, lock L behind R, step R forward
- 5 & 6 Step L forward, lock R behind, step L forward
- 7 - 8 step R forward, ½ turn to L step L forward 12.00

PART B: 32

Section B1: Modified Vine R, full turn R

- 1 - 4 step R to R side, step L behind R, turn ¼ R step R forward, step L forward
- 5 - 8 ½ turn R step R forward, ¼ turn R step L side, step R behind L, step L side

Section B2: Forward Coaster touch 2x

- 1 - 4 step R forward , step L together beside R, step R backward, touch L beside R
- 5 - 8 step L forward, step R together beside L, step L backward, touch R beside L

Section B3: Forward together, forward , bend knees, step back L, R, L, touch

- 1 - 4 step R forward, step L together beside R, step R forward , bend both of your knees body angel diagonal to R side 1.30
- 5 - 8 step back L , R, L ,touch R beside L

Section B4: Bumps 2x R ,L, Hip sway 4 x R, L, R, L

- 1 & 2 Bump R,L, R
- 3 & 4 Bump L, R, L

5 – 8 sway R, L, R,L

When doing this part, do it like Yapong traditional dance from Indonesia

Tag

1 - 8 Jazz box 2x
