

Blossom In My Heart

COPPER KNOB
BY STEPHEN

拍数: 64 墙数: 1 级数: Improver
编舞者: Sally Hung (TW) - March 2019
音乐: Shin Hwa Cai (心花開) - Nana Lee (李千娜)



Sequence of dance: Intro AA BB Tag/ AA BBC BBC Tag (28)

Intro: start to dance on the first heavy beat (after 5 counts of wind blow)

Tag (Intro dance) 32 counts

1,2,3,4 Step R to R side, kick L across R, step L to the L, kick R across L
5,6,7,8 Repeat 1,2,3,4
9,10,11,12 Make ¼ turn R repeat 1,2,3,4
13,14,15,16 Repeat 1,2,3,4
17,18,19,20 Make ½ turn L repeat 1,2,3,4
21,22,23,24 Repeat 1,2,3,4
25,26,27,28 Make ¼ turn R repeat 1,2,3,4
29,30,31,32 Repeat 1,2,3,4

SECTION A (32 COUNTS)

A1. R SIDE TOE STRUT, L CROSS TOE STRUT, SIDE ROCK RECOVER, CROSS SHUFFLE

1,2,3,4 Step R toe to R side, drop R heel to floor, cross step L toe over R, drop L heel to floor
5,6,7&8 Rock R to R side, recover on L, cross step R over L, step L to L side, cross step R over L

A2. L SIDE TOE STRUT, R CROSS TOE STRUT, SIDE ROCK RECOVER, COASTER STEP

1,2,3,4 Step L toe to L side, drop L heel to floor, cross step R toe over L, drop R heel to floor
5,6,7&8 Rock L to L side, recover on R, step back on L, step R together, step L fwd

A3. SIDE TOGETHER, BACK SHUFFLE, SIDE TOGETHER, FWD SHUFFLE

1,2,3&4 Step R to R side, step L together, shuffle back stepping RLR
5,6,7&8 Step L to L side, step R together, step fwd on L, step R next to L, step fwd on L

A4. KICK BALL CHANGE (2X), OUT OUT IN IN

1&2,3&4 Kick R fwd, step R together, step L in place, repeat 1&2
5,6,7,8 Step R to R diagonal, step L to L diagonal, step R together, step L together

SECTION B (16 COUNTS)

B1. FWD, KICK, FWD, KICK, BACK, BACK, COASTER STEP

1,2,3,4 Step R fwd, kick L fwd, step L fwd, kick R fwd
5,6,7&8 Step back on R, step back on L, step back on R, step L together, step R fwd

B2. WALK FWD (2X), FWD SHUFFLE, JAZZ BOX

1,2,3&4 Step L fwd, step R fwd, fwd shuffle on LRL
5,6,7,8 Cross step R over L, step back on L, step R to R side, step L fwd

SECTION C (16 COUNTS)

C1. ¼ L FWD ROCK RECOVER, ¼ R TRIPLE STEP, ¼ R FWD ROCK RECOVER, ¼ L TRIPLE STEP

1,2,3&4 ¼ L rock fwd on R, recover on L, ¼ R triple step on RLR
5,6,7&8 ¼ R rock fwd on L, recover on R, ¼ L triple step on LRL

C2. STEP, PIVOT ½ TURN L, FWD SHUFFLE, STEP PIVOT ½ TURN R, FWD SHUFFLE

1,2,3&4 Step R fwd, pivot ½ turn L, fwd shuffle on RLR
5,6,7&8 Step L fwd, pivot ½ turn R, fwd shuffle on LRL

Happy Dancing !

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