

# Skur 55

拍数: 32      墙数: 4      级数: High Beginner  
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音乐: Skur 55 - Asle Beck : (iTunes)



Start dans after 32 counts

## ROCK STEP – SHUFFLE BACK – ROCK STEP – SHUFFLE FORWARD

1-2            Step RF Forward – recover on LF  
3&4           Step RF back – step LF together – step RF back  
5-6           Step LF back – Recover on to RF  
7&8           Step LF forward – step RF together – step LF forward

## SIDE ROCK – CROSS SHUFFLE – SIDE ROCK ¼ - SHUFFLE FORWARD

1-2            Step RF to Right – recover on to LF  
3&4           cross RF over LF – step LF to left – cross RF over LF  
5-6           Step LF to left – recover on to RF while turning ¼ Righth  
7&8           Step LF forward – step RF together – step LF forward

## TAG AND RESTART ON WALL 4 – ADD A ROCKING CHAIR ON COUNT

1-4            (Step forward on RF – recover to LF – step back on RF – recover on to LF) RESTART.

## STEP – HEEL TWIST – RIGTH COASTER – PIVOT ½ TURN – SHUFFLE

1&2           Step RF Slightly forward – twist both heels to right – twist both heels back to center  
3&4           Step RF back – step LF together – step RF forward  
5-6           Step LF forward – turn ½ right (weight to RF)  
7&8           Step LF forward – step RF together – step LF forward

## JAZZBOX ¼ – PIVOT ½ - PIVOT ¼

1-4            Cross RF over LF – Step LF back – Step RF ¼ to righth – step LF together  
5-6           Step RF forward – turn ½ left (weight on to LF)  
7-8           Step RF forward – turn ¼ left ( Weight on to LF)

TAG ON WALL 4 AFTER 16 COUNTS – ADD A ROCKIN CHAIR ON COUNT 1-4–  
START THE DANCE FORM THE START.

Last Update: 5 Feb 2023