

# One Step at a Time

COPPER KNOB  
STEPPERS

拍数: 32      墙数: 4      级数: Improver  
编舞者: Jeffrey Callejo (USA) - February 2019  
音乐: One Step At a Time - Jordin Sparks



## Choreography Competition - Vegas Dance Explosion 2019 Division 3 First Place

### S1: Walk, Walk, ½ Pivot, Syncopated Lock Steps (Dorothy Steps) X2

- 1-2            (1) Step forward right foot, (2) step forward left foot  
3-4            (3) step forward right foot, (4) turn ½ left (weight to left)  
5-6&        (5) Step Right diagonally forward to the right, (6) Cross left behind right, (&) Step right to right side  
7-8&        (7) Step left diagonally forward to the left, (8) Cross right behind left, (&) Step left to left side

### S2: ¼ pivot, Kick Ball Change, Cross & Heel &, Cross & Heel &

- 1-2            (1) Step right forward, (2) ¼ left (weight to left)  
3&4          (3) Kick right forward, (&) Step right next to left, (4) Step left in place  
5&6&        (5) Cross right over left, (&) step left to left side, (6) Tap right heel forward, (&) Step right next to left  
7&8&        (7) Cross left over right, (&) Step right to right side, (8) Tap left heel forward, & Step left next to right

\* Restart here on Walls 4 and 9

### S3: ¼ Pivot, Cross Shuffle, Rock Recover, Behind Side Cross

- 1-2            (1) Step forward right foot, (2) turn ¼ left (weight on left)  
3&4          (3) cross right over left, (&) step left to left side, (4) cross right over left  
5-6          (5) Rock left to left side, (6) Recover on right  
7&8          (7) step left behind right, (&) step right to right side, (8) cross left over right

### S4: Mambo Right, Mambo Left, ¼ turn left, Kick, Coaster Step

- 1&2          (1) Rock right to right side, (&) Recover on left, (2) Step right forward  
3&4          (3) Rock left to left side, (&) Recover on right, (4) Step left forward  
5-6          (5) ¼ turn left and step right foot back, (6) Kick left foot forward  
7&8          (7) step left foot back, (&) Step right next to left, (8) Step left foot forward

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