

How Far Down I Can Go

拍数: 64 墙数: 4 级数: Novice - Country
编舞者: Tjwan Oei (NL) - March 2019
音乐: How Far Down Can I Go - Brennen Leigh



[01] Jazz box with cross over – ¼ Turn left back - Step forward - Walk (R - L)

1-2-3-4 RF. cross over LF. – LF. step back – RF. step to right side - LF. cross over RF.
5-6-7-8 RF. step ¼ turn left back - LF. step forward - RF. step forward - LF. step forward [09.00]

[02] Rock forward – Recover - 1/2 Turn right – 1/4 Turn right - Back rock - Recover – Step forward (R - L)

1-2-3-4 RF. rock forward – Recover weight onto LF. – RF. step ½ turn right - LF. step 1/4 turn right
[06.00]
5-6-7-8 RF. rock back – Recover weight onto LF. – RF. step forward – LF. step forward

[03] Diag. right step fwd. – Lock behind - Step fwd. - Scuff - Diag. left step fwd. – Lock behind - Step fwd. – Scuff

1-2-3-4 RF. step diagonally right forward – LF. lock behind RF. - RF. step forward - LF. scuff forward
5-6-7-8 LF. step diagonally left forward – RF. lock behind LF. - LF. step forward - RF. scuff forward

[04] Rocking chairs – Step forward – Pivot 1/2 turn left - Step forward - Pivot 1/4 turn left

1-2-3-4 RF. rock forward – Recover weight onto LF. - RF. rock back - Recover weight onto LF.
5-6-7-8 RF. step forward – RF./LF. pivot 1/2 turn left - RF. step forward - RF./LF. pivot 1/4 turn left
[09.00]

[05] Weave to right side – Heel touch – Weave to left side – Heel touch

1-2-3-4 RF. step to right side – LF. cross over RF. – RF. step to right side – LF. heel touch to left side
5-6-7-8 LF. step to left side – RF. cross over LF. - LF. step to left side - RF. heel touch to right side

[06] Step back (R - L - R) - Hitch - Step forward - Lock behind - Step forward - Touch

1-2-3-4 RF. step back – LF. step back - RF. step back - LF. hitch forward
5-6-7-8 LF. step forward – RF. lock behind - LF. step forward - RF. touch beside LF.

[07] Vine to right side – Step ¼ turn left and hitch - Step back (L - R - L) - Touch

1-2-3-4 RF. step to right side – LF. cross behind RF. - RF. step to right side - LF. step 1/4 turn left
and hitch forward [06.00]
5-6-7-8 LF. step back – RF. step back – LF. step back - RF. touch beside LF.

[08] Jazz box with ¼ turn right - Back rock - Recover – Walk forward (R - L)

1-2-3-4 RF. cross over LF. – LF. step back - RF. step 1/4 turn to right side - LF. step together beside
RF. [09.00]
5-6-7-8 RF. rock back – Recover weight onto LF. - RF. step forward - LF. step forward

Ending : Dance the last 16 count (Section 07 and section 08) till the end ,.....

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