

4 Now We JUST PRETEND...

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Val Saari (CAN) - March 2019
音乐: Pretend - CNCO



TOE-STRUTS FORWARD X 4 (RLRL)

- 1-4 Step RF forward on toes (12:00), Step down on heel/ Step LF forward on toes in front of RF (12:00), Step down on heel
5-8 Step RF forward on toes in front of LF (12:00), Step down on heel/ Step LF forward on toes in front of RF (12:00), Step down on heel

RF ROCK/RECOVER, TURNING SHUFFLES (1/2 R, 1/2 R), RF ROCK BACK, FLICK

- 1-2 Rock RF forward, recover LF
3&4 Shuffle back RLR Pivot 1/2 R
5&6 Shuffle back LRL Pivot 1/2 R
7-8& Rock RF back, recover LF, Flick RF heel up (&)

ALTERNATING SIDE SHUFFLES & FLICK X 4, (TURN 1/4 L, 1/2 R, 1/2 L, 1/2 R)

- 1&2& Turning 1/4 L (9:00) Shuffle right (RLR), Flick LF heel up & Turn 1/2 R (&)
3&4& Facing 3:00, Shuffle left (LRL), Flick RF heel up & Turn 1/2 L
5&6& Facing 9:00, Shuffle right (RLR), Flick LF heel up & Turn 1/2 R
7&8& Facing 3:00, Shuffle left (LRL), Flick RF heel up

RF CROSS MAMBO, TRIPLE STEP, LF ROCK/RECOVER, REVERSE GRAPEVINE, FLICK

- 1-2 RF Rock across L, LF recover
3&4 Step RF beside Left, Step LF together, Step RF in place
5-6 Rock LF left, hold, Recover RF
7&8& Cross-step LF behind R, Step RF right, Cross-step LF in front of R, Flick RF heel up

REPEAT - No Tags, No Restarts

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