

Barn Dance

拍数: 32 墙数: 2 级数: Beginner
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音乐: Barndance by Alexander Rybak



Intro 16 counts - No Tags Or Restarts

Section 1: Stomp. Hold & Right Chasse. Stomp. Hold. & Left Chasse.

1-2& Stomp right foot to the right side. Hold. Step left beside right.
3&4 Step. Right to right side. Close left beside right. Step right to the right side.
5-6& Stomp left foot to the left side. Hold. Step right beside left.
7&8 Step left to the left side. Close right beside left. Step left to left side.

Section 2: Right Forward Shuffle. Left forward Shuffle. Step ½ turn left. Right Forward Shuffle.

1&2 Step forward on right. Close left beside right. Step forward on right.
3&4 Step forward on left. Close right beside left. Step forward on left.
5-6 Step forward on right. Turn ½ left.
7&8 Step forward on right. Close left beside right. Step forward on right.

Section 3: Heel. Hold. & Heel Switches. & Heel. Hold. & Heel Switches.

1-2& Touch left heel forward. Hold. Step left in place.
3&4& Touch right heel forward. Step right in place. Touch left heel forward. Step left in place
5-6& Touch right heel forward. Hold. Step right in place.
7&8& Touch left heel forward. Step left in place. Touch right heel forward. Step right in place

Section 4: Forward left Shuffle. Rock Step. Shuffle ½ Turn over the right shoulder x2

1&2 Step forward on left. Close right beside left. Step forward on left
3-4 Rock forward on right. Recover onto left.
5&6 Shuffle ½ turn back over the right shoulder stepping right, left, right. (12.00)
7&8 Shuffle ½ turn over the right shoulder stepping left, right, left. (6.00)

Easy Option: Replace The Shuffle Turns (Section 4) With Shuffles Back.
