

# 8 Seconds

拍数: 64      墙数: 4      级数: Improver / Intermediate  
编舞者: Carl Sullivan (AUS) - March 2019  
音乐: Burnin' Up the Road - John Anderson : (Album: 8 Seconds)



## PATTERN: EACH SEQUENCE TURNS ¼ RIGHT

Seq: 64 64T1 64 64T2 64T3 64 64T4 64

- |         |   |
|---------|---|
| 1-2-3-4 | Scuff R out to R, Step on R, Scuff L out to L, Step on L                      |
| 5-6     | Bounce both heels twice   |
| 7-8     | Twist both heel out (R to R, L to L), Twist heels in                          |
| 1-2     | Step R back on R diagonal, Touch L beside R                                   |
| 3-4     | Step L back on L diagonal, Touch R beside L                                   |
| 5-6-7-8 | Touch R toe to R, Touch R toe fwd, Touch R toe to R, Hook R behind L          |
| 1-2-3-4 | Vine R (R, L, R), Touch L beside R  |
| 5-6     | Step L fwd on L diagonal, Lock R behind L                                     |
| 7-8     | Step L fwd on L diagonal, Hold  |
| 1-2-3-4 | Step R fwd, Pivot ½ turn L onto L, Step R fwd, Hold                           |
| 5-6-7-8 | Step L fwd to L, Step R to R, Step L back to centre, Step R beside L (V Step) |
| 1-2-3-4 | Step L to L, Touch R beside L, Step R to R, Touch L beside R                  |
| 5-6     | Step L fwd on L diagonal, Lock R behind L                                     |
| 7-8     | Step L fwd on L diagonal, Hold  |
| 1-2     | Step R fwd, Pivot ½ turn L onto L   |
| 3-4     | Step R fwd, Hitch L knee up   |
| 5-6     | Step L back, Step R beside L  |
| 7-8     | Step L fwd, Hold  |
| 1-2-3-4 | Step R fwd, Lock L behind R, Step R fwd, Hold                                 |
| 5-6-7-8 | Step L fwd, Pivot ¼ R onto R, Cross-step R over L, Hold                       |
| 1-2-3-4 | Step R to R, Step L beside R, Step R back, Hold                               |
| 5-6-7-8 | Step L to L, Step R beside L, Step L fwd, Hold                                |

[64]

Tag: 1-After wall 2 Repeat first 16 counts then  
Step R to R, Step L beside R. – Restart on 6.00

After Wall 4 add Tag 2  
Step R to R, Touch L beside R, Step L to L, Touch R beside L – Restart R-12.00

Tag 3 - After Wall 5 (Instrumental) do tag 2 then last 8 counts of dance R-3.00

Tag 4 - After Wall 7 do same tag as Tag 2 R-9.0

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