

Out Of My Mind

COPPER **KNOB**
STEPSHEETS

拍数: 32 墙数: 2
编舞者: Lorna Cairns (SCO) - March 2019
音乐: Out of Sight - Midland

级数: Absolute Beginner



Written As A Floorsplit To Alison & Peter Of The Dance Factory's All The Kings Horses

Start On Vocals No Tags No Restarts

SEC 1) WALK FORWARD R,L,R, KICK L FORWARD, WALK BACK L,R,L, TOUCH

1-2 Walk forward right, walk forward left
3-4 Walk forward right, kick left foot forward
5-6 Walk back left, walk back right
7-8 Walk back left, touch right foot beside left

SEC 2) GRAPEVINE RIGHT, TOUCH, GRAPEVINE LEFT, TOUCH

1-2 Step right foot to right side, step left foot behind right foot
3-4 Step right foot to right side, touch left foot beside right foot
5-6 Step left foot to left side, step right foot behind left foot
7-8 Step left foot to left side, touch right foot beside left foot

SEC 3) FORWARD RIGHT HEEL TOUCH, FORWARD LEFT HEEL TOUCH X2

1-2 Touch right heel forward, step right foot beside left foot
3-4 Touch left heel forward, step left foot beside right foot
5-6 Touch right heel forward, step right foot beside left foot
7-8 Touch left heel forward, step left foot beside right foot

SEC 4) SIDE TOUCHES, WALK ROUND ½ TURN RIGHT

1-2 Step right foot to right side, touch left foot beside right foot
3-4 Step left foot to left side, touch right foot beside left foot
5-6 Step right foot, step left foot, while turning right
7-8 Step right foot, step left foot, while turning right
