

Lonely Lovers

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: Improver
编舞者: Maddison Glover (AUS) - February 2019
音乐: Lonely Women Make Good Lovers - Steve Wariner : (3:15)



Dance begins on lyrics (16 counts from beginning of the track)

Rock Forward/ Recover, Shuffle Back, Back Rock/Recover, Shuffle Forward

1,2,3&4 Rock R fwd, recover back onto L, step R back, step L together, step R back
5,6,7&8 Rock L back, recover forward onto R, step L fwd, step R together, step L fwd

Rock Forward/ Recover, Back, Cross, Back, Side, Cross Shuffle

1,2,3 Rock fwd onto R, recover back onto L
3,4,5 Step R back into R diagonal, cross L over R, step R back into R diagonal
6,7&8 Step L to L side, cross R over L, step L to L side, cross R over L

Note: counts 3,4,5 – slightly open shoulders into front right diagonal

Side, Touch Together, Kick Ball Cross, Weave

1,2 Step L to L side, touch R beside L
3&4 Kick R fwd into R diagonal, step R together, cross L over R
5,6,7,8 Step R to R side, cross L behind R, step R to R side, cross L over R

¼ Forward, Toe Touches with Hip Bumps (Moving Slightly Forward) x3, Forward, Touch Together

1 Turn ¼ R stepping fwd onto R
2 Tap L toe slightly fwd (bending L knee and bumping L hip up into L diagonal)
3 Step L slightly fwd
4 Tap R toe slightly fwd (bending R knee and bumping R hip up into R diagonal)
5 Step R slightly fwd
6 Tap L toe slightly fwd (bending L knee and bumping L hip up into L diagonal)
7,8 Step L slightly fwd, touch R together

Note: Try to minimise travelling forward on the above 8 counts.

RESTART: During wall 7, you will begin the dance facing 6:00.

Dance to count 8 and restart facing 6:00.

Ending: During Wall 12, you begin the dance facing 6:00.

Dance to count 14 (step R back into R diagonal, Step L to L side) and cross R over L, unwinding a ½ turn over L.

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