

Emerald Foxtrot

拍数: 64 墙数: 2 级数: Easy Intermediate
编舞者: Kevin Formosa (AUS) - February 2019
音乐: Coming Back As a Man - Caro Emerald : (Single - iTunes)



Intro: 16 Counts

[1-8] Walk, Walk, Side, Together, Back

1,2 Step L fwd, Drag R towards L
3,4 Step R fwd, Drag L towards R
5,6,7,8 Step L to L side, Step R together, Step L back, Drag R towards L

[9-16] Back, Back, Side, Together, Fwd ¼ R

1,2 Step R back, Drag L towards R
3,4 Step L back, Drag R towards L
5,6,7,8 step R to R side, Step L together, ¼ R Stepping R fwd, Hold (3.00)

17-24 Step, ½ R, Step, Lock, Step, Kick
1,2,3,4 Step L fwd, Hold, Pivot ½ R Hold (9.00)
5,6,7,8 Step L fwd, Lock R behind L, Step L fwd, Kick R fwd

[25-32] Back, Lock, Back, Touch, Walk, Walk

1,2,3,4 Step R back, Lock L in front of R, Step R back, Drag L to a Touch
5,6 Step L fwd, Drag R towards L
7,8 Step R fwd, Drag L towards R

[33-40] Side, Together, Back, ¼ R, Together, ¼ R

1,2,3,4 Step L to L side, Step R together, Step L back, Drag R towards L
5,6,7,8 ¼ R Stepping R to R side, Step L together, ¼ R stepping R fwd, Hold (3.00)

[41-48] Back, ½ Rock, Replace, Behind, ¼, Cross, Sweep

1,2,3,4 Step L back, ½ R rocking R fwd, Replace L, Hold (9.00)
5,6,7,8 Step R behind L, ¼ L stepping L to L side, Cross R over L, Sweep L from back to front (9.00)

[49-56] Cross, Side, Behind, Sweep, Behind, Side, Cross, Point

1,2,3,4 Step L across R, Step R to R side, Step L behind R, Sweep R from front to back
5,6,7,8 Step R behind L, Step L to L side, Step R across L, Point L toe to L side

[55-64] Walk, Walk, Cross, Back, Back, Together

1,2,3,4 Step L fwd, Drag R towards L, Step R fwd, Drag L towards R
5,6,7,8 Cross L over R, Step R back, Step L back, Step R together

Restart: Wall 4 (starts facing 6.00) Dance up to count 56 and restart facing 12.00
