

I'm Alive

COPPERKNOB
STEPSHEETS

拍数: 56 墙数: 4 级数: Phrased Intermediate
编舞者: Andrico Yusran (INA), Irene Argoputro (INA) & Yudha Alfattar (INA) - March 2019
音乐: I'm Alive - Céline Dion : (Official Music Video)



A: Intro (Music) dance 24 counts – B: Main Dance 32 counts
Restart : - On wall 3 - 5 after 8 counts (change the step) - On Wall 7 after 20 counts

Start On Intro Music (A)♥

Sequence: A - B - B - B - B - B - B - B - B - B

A #Intro :

A1# Forward lock shuffle - Pivot 1/2 R - Forward lock Shuffle - Pivot 1/2 L

1&2 Step R forward , step L cross behind R, step R forward
3 - 4 Step L forward 1/2 turn to right , step R in place
5&6 Step L forward , step R cross behind L , step L forward
7 - 8 Step R forward 1/2 turn to left , step L in place

A2# Grapevine (R - L)

1-4 Step R to right side , step L cross behind R , step R to right side, step L touch beside R
5-8 Step L to left side , step R cross behind L, step L to left side , step R touch beside L

A3# Forward Rock - Coaster step - Forward Rock - Coaster step

1 - 2 Step R forward , recover on L
3&4 Step R back, step L close beside R , step R forward
5 - 6 Step L forward , recover on R
7&8 Step L back , step R close beside L, step L forward

B #Main dance :

B1# Kick ball Forward - Lock Forward Shuffle - Pivot 1/2 R - Pivot 1/2 L - Back - Sweep

1&2 R kick forward , step R beside L, step L forward
3&4 Step R forward step L cross behind R, step R forward
5&6 Step L forward 1/2 turn to right , step R in place, step L forward
7 - 8 Step R forward 1/2 turn to L , step L back with R back sweep

B2# Cross - Turn 1/4 to L - Forward - Turn 1/4 to L - Diamond 1/4 to R - Side - Forward

1&2 Step R cross behind L , 1/4 turn to left step L forward , step R forward
3&4 Step L forward , recover on R, turn 1/4 L to side with R Sweep
5&6 Step R cross over L , 1/8 turn right step L back, step R back
7&8 Step L 1/8 back , step R to right side, step L forward

B3# Pivot 1/2 to L - Full Turn to R - Pivot 3/4 to R , Cross Rock

1&2 Step R forward 1/2 turn left , step L in place , step R forward
3&4 Turn 1/2 to right step L back , turn 1/2 to right step R forward, step L forward

(Restart wall 7)

5&6 Step R forward turn 1/2 to left , step L in place, R forward turn 1/4 to L
7&8 Step L cross over R , recover on R , step L to left side

B4# Lock Forward Shuffle - Pivot 1/2 to R - Jump Kick Forward - Lock Shuffle - Pivot 1/4 to R - Forward

1&2 Step R forward , step L cross behind R, step R forward
3&4 Step L forward 1/2 turn to right , step R in place, step L jump Knee Up Tap in place with R kick forward (45°)
5&6 Step R forward , step L cross behind R, step R forward

7&8 Step L forward turn 1/4 to right , step R in place, step L forward

RESTART ON WALL 3 - 5 (change the step)

7 - 8 Step R forward 1/2 turn to L , L back with R back drag close touch beside L

Enjoy the dance

Contact: ricoyusran@yahoo.com
