

Back to the Start

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Absolute Beginner
编舞者: Hayley Wheatley (UK) - February 2019
音乐: Back to the Start - Michael Schulte



Count in: 32 Counts (Start on Heavy Beat)
Restart on Wall 5 after count 16 (Facing 3:00)

S1: WALK R, L, R HITCH WITH ¼ TURN R, WALK L,R, L HITCH

1-2-3-4 Walk Forward Right, Left Right, Hitch Left knee while making ¼ turn right 3:00
5-6-7-8 Walk forward Left, Right, Left, Hitch Right knee 3:00

S2: GRAPEVINE RIGHT, GRAPEVINE LEFT,

1-2 Step RF fwd to R side, Step LF behind 3:00
3-4 Step RF to R side, Touch L toe beside RF 3:00
5-6 Step LF fwd to L side, Step RF behind 3:00
7-8 Step LF to L side, Touch R toe beside LF 3:00

****Restart Here on wall 5(facing 3:00)**

S3: HEEL TAP, HEEL, TAP, TWIST HEELS RIGHT, CENTRE, RIGHT, CENTRE

1-2 Tap R heel fwd, Close RF beside LF 3:00
3-4 Tap L heel fwd, Close LF beside RF 3:00
5-6 Twist both heels to R, Twist both heels back to centre 3:00
7-8 Twist both heels to R, Twist both heels back to centre 3:00

S4: STEP FORWARD DIAGONALLY, TOUCH, STEP BACK DIAGONALLY, TOUCH, STEP BACK DIAGONALLY, TOUCH, STEP BACK DIAGONALLY, TOUCH

1-2 Step RF fwd to R diagonal, Touch L toe beside RF and clap hands 3:00
3-4 Step LF back to L diagonal, Touch R toe beside LF and clap hands 3:00
5-6 Step RF back to R diagonal, Touch L toe beside RF and clap hands 3:00
7-8 Step LF back to L diagonal, Touch R toe beside LF and clap hands 3:00

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