

Nevermind

拍数: 32 墙数: 4
编舞者: Martin Plugge (DE) - March 2019
音乐: Nevermind - Dennis Lloyd

级数: Newcomer - WCS



Intro: 32 counts

[1-8] Ladies Basket: Steps, Mambo Step, Steps, Anchor Step

1,2 Step RF fwd, Step LF fwd
3&4 Step RF fwd, Step LF in place, Step RF bwd
5,6 Step LF bwd, Step RF bwd
7&8 Step LF bwd closely behind RF, Step RF in place, Step LF in place

[9-16] Steps, Step turn step, Steps, Anchor Step

1,2 Step RF fwd, Step LF fwd
3&4 Step RF fwd turning $\frac{1}{2}$ left, Step LF in place, Step RF fwd (06:00)
5,6 Step LF fwd, Step RF fwd
7&8 Step LF closely behind RF, Step RF in place, Step LF in place

[17-24] Steps, Side rock cross 2x, Anchor Step

1,2 Step RF fwd, Step LF fwd
3&4 Step RF right on toe (part weight), Step LF in place, Cross RF in front of LF
5&6 Step LF left on toe (part weight), Step RF in place, Cross LF in front of RF
7&8 Step RF closely behind LF, Step LF in place, Step RF in place

[25-32] Paddle turn, Step turn, Point ball change, Shuffle

1,2 Step LF fwd turning $\frac{1}{4}$ right, Step RF in place (09:00)
3,4 Step LF fwd turning $\frac{1}{2}$ right, Step RF in place (03:00)
5&6 Point LF fwd, Close LF to RF, Step RF fwd
7&8 Step LF fwd, Close RF to LF, Step LF fwd
