Beer Can in a Truck Bed

级数: Intermediate

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音乐: Beer Can in a Truck Bed - Old Dominion

**2 restarts: Wall 3 after 32 counts facing 6:00 and Wall 5 after 24 counts facing 12:00

[1-8]: RIGHT SIDE ROCK CROSS, LEFT SIDE ROCK CROSS, SIDE SHUFFLE RIGHT, 1/4 SAILOR LEFT

- 1&2 step side right, replace, cross R over L foot
- 3&4 step side left, replace, cross L over R foot
- 5&6 step side right, step L together, step side right
- 7&8 1/4 turn left step L behind R, step R, step forward L foot

[9-16]: KICK R FOOT & POINT L, KICK L FOOT & POINT R, 1/2 PADDLE TURN (chugs) LEFT

- 1&2 kick R foot, step on R foot, point L foot out to side
- 3&4 kick L foot, step on L foot, point R foot out to side
- 5-6 on ball of L foot turn left slightly touching R toe to side, repeat
- 7-8 repeat steps 5-6 (four 1/8=1/2 chug) weight ends on L foot

[17-24]: CROSS SHUFFLE (R,L,R), ROCK & CROSS, SIDE SHUFFLE RIGHT, 1/4 SAILOR LEFT

- 1&2 step R foot over L, step together, step R foot over L
- 3&4 step side L foot, replace, step L foot over R
- 5&6 step side right, step together, step side right
- 7&8 1/4 turn left step L behind R, step R, step forward L foot
- *****2nd restart on Wall 5*****

拍数: 40

[25-32]: SYNCOPATED HIP BUMPS X 2 (R,L,R/L,R,L), 1/2 PIVOT LEFT, FULL TURN LEFT

- 1&2 step forward on R bumping hips forward (R,L,R)
- 3&4 step forward on L bumping hips forward (L,R,L)
- 5-6 step forward R foot, 1/2 pivot left (weight forward on L foot)
- 7-8 1/2 turn left stepping back on R foot, 1/2 turn left stepping forward on L foot
- *****1st Restart on Wall 3*****

[33-40]: LUNGE FWD, TOUCH (CLAP), LUNGE FWD, TOUCH (CLAP), LUNGE BACK, TOUCH (CLAP), LUNGE BACK, TOUCH (CLAP)

- 1-2 take a large step angle fwd R, touch L next to R (clap hands)
- 3-4 take a large step angle fwd L, touch R next to L (clap)
- 5-6 take a large step angle back R, touch L next to R (clap)
- 7-8 take a large step angle back L, touch R next to L (clap)

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墙数:2