

Along The Way

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: Improver
编舞者: The Highlander (UK) - March 2019
音乐: Along the Way - Gary Allan : (CD: Get Off On The Pain)



Intro: 8 counts

BUMP HIPS RIGHT LEFT WITH HITCH, CHASSÉ ¼ RIGHT, ½ RIGHT, ¼ RIGHT, CROSS MAMBO .

1,2 Bump R hip to right, Bump L hip to left with little hitch of R knee,
3&4 Step R to right, Step L next to R, Turn ¼ right stepping R forward, (3.00)
5,6 Turn ½ right stepping L back, Turn ¼ right stepping R to right side, (12:00)
7&8 Cross rock L over R, Recover onto R, Step L to left side.

CROSS, SIDE, BEHIND SIDE CROSS, SIDE ROCK, SAILOR ¼ TURN LEFT.

1,2 Cross R over L, Step L to left ,
3&4 Step R behind L, step L to left, cross R over L,
5,6 Rock L to left side, Recover onto R,
7&8 Step L behind R, Turn ¼ left stepping R next to L, Step L forward. (9:00)

***** Restart here during wall 9 *****

STEP TURN, FULL TURN, STEP TOUCH, SIDE ROCK CROSS.

1,2 Step R forward, pivot ½ turn left, (weight returning to L) (3:00)
3,4 Turn ½ left stepping R back, Turn ½ left stepping L forward, (3.00)
5,6 Step R forward, touch L next to R,
7&8 Rock L to left side, Recover onto R, Cross L over R.

***** Restart here during wall 4 *****

SIDE, TOGETHER, CROSS SHUFFLE, SIDE ROCK, BEHIND SIDE CROSS.

1,2 Step R to right side, Step L next to R,
3&4 Cross R over L, Step L to left side, Cross R over L,
5,6 Rock L to left side, Recover onto R,
7&8 Step L behind R, Step R to right side, Cross L over R.

Start again by stepping R to right side with the right hip bump.

Restarts

*1 - During wall 4 at end of section 3 (Side rock cross) facing 12 o'clock.

**2 - During wall 9 at end of section 2 (Sailor ¼ turn) facing 9 o'clock.

Ending. After section 1 of wall 13 cross R over L and unwind ½ turn left to end facing front.

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