

Chattahoochee Livin'

COPPER **NOB**
BY STEPHEN

拍数: 34 墙数: 4 级数: Low Intermediate
编舞者: Val Saari (CAN) - February 2019
音乐: Chattahoochee - Alan Jackson : (2:28)



HEEL-FANS X 2 (RL), HEEL SWITCHES X 2 (RL), TRAVELLING SWIVELS/CLAP X 2 (RL)

1&2& RF fan heel right, left, LF fan heel left, right
3&4& Touch R Heel forward on floor, Step RF beside L, Touch L Heel forward on floor, Step LF beside R
5&6& Swivel both heels to right, both toes to right, Both heels to right, Clap hands
7&8& Swivel both heels to left, both toes to left, Both heel to left, Clap hands

HEEL-STRUTS FWD X 4 (RLRL) MAKING 1/4 TURN TO RIGHT ("ARC" PATTERN) X 4 (RLRL), TOE-STRUTS BACK, RL, RUN BACK X 3 (RLR), Clap hands

1&2& Step RF forward Heel-Toe, Step LF forward Heel-Toe
3&4& Step RF forward Heel-Toe, Step LF forward Heel-Toe
5&6& Touch RF toes back, Drop heel, Touch LF toes back, Drop heel
7&8& Run back Right, Left, Right, Clap hands

SIDE TOGETHER TO THE RIGHT PIVOT 1/2 R & HITCH, SIDE TOGETHER TO THE LEFT & HITCH, TOE-STRUTS BACK RL, R COASTER STEP

1&2& Step RF right, Step LF together, Step RF right, With weight on RF, pivot 1/2 R & Hitch LF
3&4& Step LF left, Step RF together, Step LF left, Hitch RF
5-6 Step RF toes back, Step down on heel, Step LF toes back, step down on heel
7&8 Step RF back, Close LF beside right, Step RF forward (weight on RF)

SHUFFLE FWD (LRL,RLR), LF ROCK/RECOVER, L COASTER STEP, STEP R FWD & BUMP HIPS RIGHT, LEFT

1&2 Shuffle Forward LRL (optional RF Brush fwd)
3&4 Shuffle Forward RLR
5-6 Rock LF forward, recover RF
7&8 Step LF back, Close RF beside left, Step LF forward (weight on LF)
9-10 Step RF beside L & Bump hips Right, Left***

***One Tag: after Set 3

1& Scoot both feet back & clap

RESTART: After the slow down (ritardando) and pause (Fermata) beginning at 2:03, restart when the tempo resumes (2:07)

Email: valeriesaari@icloud.com - Phone: 1-905-246-5027