

# Without Lo-o-ve, Ooh..

**COPPER KNOB**  
STEPSHEETS

拍数: 48                      墙数: 4                      级数: Beginner  
编舞者: Val Saari (CAN) - February 2019  
音乐: Long Train Runnin' - The Doobie Brothers



(One EZ Restart)

## CHARLESTON STEPS X 2

1-2                      Step RF forward, Kick LF forward  
3-4                      Step LF back, Touch RF back  
5-6                      Step RF forward, Kick LF forward  
7-8                      Step LF back, Touch RF back

## RF ROCK/RECOVER, TURNING SHUFFLES (1/2 R, 1/2 R), RF ROCK BACK

1-2                      Rock RF forward, recover LF  
3&4                      Shuffle back RLR Pivot 1/2 R  
5&6                      Shuffle back LRL Pivot 1/2 R (12:00)  
7-8                      Rock RF back, recover LF

## RF ROCK FWD, LF RECOVER, RF MAMBO BACK, LF ROCK FWD, RF RECOVER, LF MAMBO BACK

1-2                      Rock RF forward, Recover LF  
3&4                      Rock RF back, Recover LF, Step RF beside left  
5-6                      Rock LF forward, Recover RF  
7&8                      Rock LF back, Recover RF, Step LF beside right

## MAMBO RIGHT, CHA CHA CHA, CROSS MAMBO CHA-CHA-CHA PIVOT 1/4 L

1-2                      RF Rock side right, LF recover  
3&4                      Step RF beside Left, Step LF in place, Step RF in place (cha, cha, cha)  
5-6                      LF Cross over R, RF Recover weight  
7&8                      Pivot 1/4 L shuffle, Left-Right-Left (cha, cha, cha)

## TOE-STRUTS & FINGER SNAPS MAKING 1/2 TURN TO RIGHT ("ARC" PATTERN)

1-4                      Step RF forward on toe, Step down on heel & Snap fingers/ Step LF forward, Step down on heel & Snap fingers  
5-8                      Step RF forward on toe, Step down on heel & Snap fingers/ Step LF forward, Step down on heel & Snap fingers\*\*\*

## MAMBO RIGHT, MAMBO LEFT

1-4                      RF Rock side right, LF recover, RF close together beside L & hold  
5-8                      LF Rock side left, RF recover, LF close together beside R & hold

**Note: \*\*\* One EZ RESTART: Near the end the music slows & pauses(2:42) and the dancers should pause as well as we hear "ooooh, where would you be now?" (You might point at each other as if asking a question, or maybe raise your hands palm up)**

**As soon as the guitar begins (2:47), then you RESTART**

**REPEAT - No Tags**

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