

Sixteen Cha Cha (P)

COPPER KNOB
STEPSHEETS

拍数: 20 墙数: 1 级数: Beginner Partner
编舞者: Steve Carlson (USA) - February 2019
音乐: Sixteen - Thomas Rhett



Closed Position: Mirrored dance

This is a partner dance with the Ladies (follow) part listed first.

Lead part is mirrored step and listed below the follow part.

[1st 8 count] Basic Forward and back, cha cha return, then back and forward cha cha return

123&4 Right step forward, left foot step back, cha cha return back (Right, Left, Right)

567&8 Left step behind, Right step forward, cha cha forward return (Left, Right, Left)

[2nd 8 Count, 9-16] Right step out & natural spin, Left pivot, Cha Cha right, Left step out & Reverse spin, Right pivot, Cha Cha left

1234 Step out Right foot, left pivot into a natural spin (clockwise), Cha Cha (Right, Left, Right)

5678 Left step back out, pivot on right foot into reverse spin, Cha Cha (Left, Right, Left)

[Last 4 counts, 17-20] Sway back and forth with Partner: Right, Left, Right, Left

(Lead may lead you in towards them)

1, 2, 3, 4 Right Sway step, Left Sway step, Right Sway step, Left sway step

Enjoy the Dance! Comments appreciated! Lead part listed below.

[LEAD PART]

[1st 8 count] Basic Back & Forward, cha cha return, then forward & back cha cha return

1,2, 3&4 Left step back, right foot step forward, cha cha forward return (Left, Right, Left)

5,6, 7&8 Right step behind, Left step forward, cha cha return back (Right, Left, Right,)

[2nd 8 Count, 9-16] Left step out & Reverse spin, Right pivot, Cha Cha Left, Right step out & Natural spin, Left pivot, Cha Cha Right

1,2, 3&4 Step out Left foot, pivot right foot into a reverse spin (ccw), Cha Cha (Left, Right, Left)

5,6, 7&8 Right step back out, pivot on left foot into natural spin, (clockwise) Cha Cha (Right, Left, Right,)

[Last 4 counts, 17-20] Sway back and forth with Partner: Left, Right, Left, Right

(Lead may gently pull follow in towards them for style point s & closer dance)

1, 2, 3 4 Left Sway step, Right Sway step, Left Sway step, Right sway step

Enjoy the dance! Thank you for all the positive feedback! Also note at Country House we like to do this dance to "19 You and Me" by: Dan and Shay. The movement is a little slower which you may either enjoy as much or find better for learning the steps. Hope you enjoy the 16 Cha Cha dance, please share your comments or videos.

Cowboy Steve is available for dance workshops and guest choreographer invitations; please email to: cowboystevelinedance@gmail.com

I hope you enjoy this dance and song as much as I do. Thank You for your feedback!