

# This Feeling

拍数: 32      墙数: 2      级数: Intermediate  
编舞者: Steve Carlson (USA) - February 2019  
音乐: This Feeling (feat. Kelsea Ballerini) - The Chainsmokers



This dance is fun, yet deceptively tricky with triple step motions to the corners of the room and step tempo changes.

## [1st 8 count] Right walk back, Cha Cha reverse, Left walk back, Cha Cha reverse

1,2,            Step right foot back to oblique back right corner; step back left foot next to right  
3&4            Step right back, Step left foot behind, Step Right foot back ( Reverse Cha Cha )  
5,6,            Step back left foot back to oblique back left corner; step back right foot next to left  
7&8            Step left back, step right foot behind, step left foot back ( Reverse Cha Cha )

## [2nd 8 Count, 9-16 ] Right shuffle forward, Left shuffle half turn, right shuffle backwards, Left Rock back and recover on right foot

1&2            Right shuffle forward to right oblique corner ( Right , Left , Right )  
3&4            Step left foot forward, step right foot next to left, step left behind right (Left shuffle half turn )  
5&6            Right step behind, Left step behind, Right step behind  
7, 8            Left Rock back and recover weight on right foot

(2nd 8 count ends facing oblique left corner between 7&8 o'clock from home starting wall )

## [3rd 8 Count, 17-24 ] Left forward turning shuffle, Right forward turning shuffle ( Full turn 1-4)Left Rock recover right, Left Coaster step to face back wall

1 & 2            Left forward shuffle (start natural full turn),  
3 & 4            Right forward shuffle ( R, L, R )  
5 , 6            Left Rock forward (crossing Left foot over right foot), recover back on right foot  
7 & 8            Left foot forward, recover back on right, & left foot forward to face back wall (Left Coaster Step )

## [4th 8 Count, 25-32 ] Right Shuffle, Left Sailor Step, Left out, Right behind, Triple Step unwind

1, & 2            Right foot out to right, left foot next to right, right foot out to right side  
3, 4            Left sailor step behind right and recover weight onto right foot  
5, 6            Left foot step out( to point before sailor step) , Right step behind left( 5th position )  
7 & 8            Left foot out to left, Right foot cross over left, Left foot out squaring up to back wall

No Tags, Enjoy and please email me your comments to: [cowboystevelinedance@gmail.com](mailto:cowboystevelinedance@gmail.com)

I hope you enjoy this dance and song as much as I do. Thank You for your feedback!