

Play

拍数: 32 墙数: 2 级数: Beginner
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音乐: Play - Jax Jones & Years & Years : (Album: Snacks - EP)



Intro: 32 Counts

[1-8] Diagonal Slide, Touch Out, Touch In – Repeat

1,2 Slide RF a big step to R diagonal, Touch LF next to RF
3,4 Touch LF out, Touch LF next to RF
5,6 Slide LF a big step to L diagonal, Touch RF next to LF
7,8 Touch RF out, Touch RF next to LF

[9-16] Walk Back, Hold, Walk Back, Hold, Slow Coaster, ¼ Turn

1,2 Walk back on RF, Hold
3,4 Walk back on LF, Hold
5,6 Walk back on RF, Close LF to RF
7,8 Step RF fwd, ¼ Turn L taking weight to LF foot (face 9.00)

[17-24] Cross, Back, Side Shuffle, Cross, Back, Side Shuffle with ¼ Turn

1,2 Cross RF over LF, Step LF back
3&4 Step RF to R side, Close LF to RF, Step RF to R side
5,6 Cross LF over RF, Step RF back
7&8 Step LF to L side, Close RF to LF, Step LF fwd making ¼ turn L (face 6.00)

[25-32] Side Touches, Heel, Hitch, Heel, Head Nods

1,2 Touch RF to R side, Close RF to LF
3,4 Touch LF to L side, Close LF to RF
5& Touch R heel fwd, Hitch R knee (optional arm: slap R knee with L hand on the hitch)
6 Touch R heel fwd (optional arm: keep L arm up at chest height, elbow bent)
7,8 Hold feet still, nod head twice (face 6.00)

Begin again
