

Bicycle

拍数: 64 墙数: 2 级数: Intermediate
编舞者: Lars Kuif (NL) - February 2019
音乐: Bicycle (feat. Klei) (Younotus Remix) - Filous



Starts after 16 counts

[1 – 8] Side, Touch, Kick-Ball-Cross, Side, Behind-Side-Cross, Side

1 – 2 Step R to side (1), touch L next to R (2) [12.00]
3&4 Kick L diag. fwd. (3), step on ball LF next to R (&), step R across L (4) [12.00]
5, 6&7, 8 Step L to side (5), step R back (6), step L to side (&), step R across L (7), step L to side (8) [12.00]

[9 – 16] Rock Back, ¼ Shuffle Turn L, ½ Shuffle Turn L, ¼ Turn L

1 – 2 Rock R back (1), recover to L (2) [12.00]
3&4 Step R to side (3), ¼ L step L next to R (&), step R back (4) [09.00]
5&6 ¼ L stepping L to side (5), step R next to L (&), ¼ L stepping L fwd. (6) [03.00]
7 – 8 Step R fwd. (7), ¼ L placing weight on LF (8) [12.00]

[17 – 24] Cross, Side, Sailor Step, Cross, ¼ L, Step R Back, Shuffle Back

1 – 2 Step R across L (1), step L to side (2) [12.00]
3&4 Step R behind L (3), step L to side (&), step R to side (4) [12.00]
5 – 6 Step L across R (5), ¼ L stepping R back (6) [09.00]
7&8 Step L back (7), step R next to L (&), step L back (8) [09.00]

[25 – 32] Rock Back, Side Rock, Jazz Box Into ¼ R

1 – 4 Rock R back (1), recover to L (2), Rock R to side (3), recover to L (4) [09.00]
5 – 8 Step R across L (5), ¼ R stepping L back (6), step R to side (7), step L across R (8) [12.00]

[33 – 40] Rhumba Box With Shuffles

1 – 2 Step R to side (1), step L next to R (2) [12.00]
3&4 Step R fwd. (3), step L next to R (&), step R fwd. (4) [12.00]
5 – 6 Step L to side (5), step R next to L (6) [12.00]
7&8 Step L back (7), step R next to L (&), step L back (8) [12.00]

[41 – 48] Full Turn R, R Coaster Step Back, Step L Fwd., Point, Step R Fwd. Point

1 – 2 ½ R stepping R fwd. (1), ½ R stepping L back (2) [12.00]

Optional: Walk R back (1), walk L back (2)

3&4 Step R back (3), step L next to R (&), step R fwd. (4) [12.00]
5 – 8 Step L fwd. (5), point R to side (6), step R fwd. (7), point L to side (8) [12.00]

[49 – 56] Rock L Fwd., ½ Shuffle Turn L, Shuffle R Fwd., Rock L Fwd.

1 – 2 Rock L fwd. (1), recover to R (2) [12.00]
3&4 ¼ L stepping L to side (3), step R next to L (&), ¼ L stepping L fwd. (4) [06.00]
5&6 Step R fwd. (5), step L next to R (&), step R fwd. (6) [06.00]
7 – 8 Rock L fwd. (7), recover to R (8) [06.00]

[57 – 64] Side, Hold, Together, Side, Touch, Rolling Vine With Cross

1 – 2 Step L to side (1), hold (2) [06.00]
&3 – 4 Step R next to L (&), step L to side (3), touch R next to L (4) [06.00]
5 – 8 ¼ R stepping R fwd. (5), ½ R stepping L back (6), ¼ R stepping R to side (7), step L across R (8) [06.00]

Questions: larskuiflinedance@gmail.com
