

# Need To Breathe

拍数: 32      墙数: 4      级数: Easy Intermediate  
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音乐: Need to Breathe - Love and Theft



Intro : 16 counts

## [1-8] SIDE POINT & HEEL & HITCH SWITCHES, COASTER STEP, STEP FWD, BOUNCE

1&            Touch right toe to right side, recover on right next to left  
2&            Touch left toe to left side, recover on left next to right  
3&            Touch right heel fwd, recover on right next to left  
4             Hitch left knee  
5&6          Left step back, right next to left, left step fwd  
7&8          Right fwd, Lift & Drop both heels on the floor

## [9-16] STEP LOCK – STEP LOCK STEP FWD, STEP – KICK – BACK - POINT

1-2           Left fwd (slightly diagonally left), « Lock » right cross behind left  
3&4          Left fwd, « Lock » right cross behind left, left fwd  
5-6          Right step fwd, left Kick fwd  
7-8          Left step back, Touch right toe back

## [17-24] SIDE STEP, 1/4 TURN RIGHT & TOUCH (+ CLAP) X 4 (FULL BOX)

1-2           Right to right, 1/4 turn right & Touch left next to right (+ Clap) 3:00  
3-4           Left to left, 1/4 turn right & Touch right next to left (+ Clap) 6:00  
5-6           Right to right, 1/4 turn right & Touch left next to right (+ Clap) 9:00  
7-8           Left to left, 1/4 turn right & Touch right next to left(+ Clap) 12:00

## [25-32] ROLLING VINE SHUFFLE 1/4 TURN R, ROCK FWD, 1/2 TURN L, HITCH

1-2           1/4 turn right stepping right fwd, 1/2 turn right stepping left back  
3&4          1/2 turn right & Shuffle right – left – right fwd 3:00  
5-6          Rock step left fwd, recover on right  
7             1/2 turn left stepping left fwd 9:00  
8             Hitch right knee

## TAG (4 counts) only at the end of first wall (at 9:00) :

1&            Touch right toe to right side, recover on right next to left  
2&            Touch left toe to left side, recover on left next to right  
3&            Touch right heel fwd, recover on right next to left  
4&            Touch left heel fwd, recover on left next to right ... Then Start Again !!

**ENJOY & SMILE !**