

Kill Myself

拍数: 48 墙数: 2 级数: Intermediate
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音乐: Kill Myself - Tim McGraw



NOTES 16 count intro, no TAGs or restarts

[1 – 8] NIGHT-CLUB X2, STEP & SWEEP, ¼ TURN RIGHT JAZZ-BOX, CROSS, ¼ TURN RIGHT

- 1 – 2& Step right to right side, rock back on left, recover onto right.
- 3 – 4& Step left to left side, rock back on right, recover onto left.
- 5 Step right forward while sweeping left from back to front.
- 6 & 7 Cross left over right, step back on right, make ¼ turn left stepping left to left side. [9:00]
- 8& Cross right over left, make ¼ turn right stepping back on left. [12:00]

[9 – 15] SWAY RIGHT, SWAY LEFT, WEAVE, NIGHT-CLUB, ¼ TURN LEFT

- 1 – 2 Step right to right side and sway hips right, step left to left side and sway hips left.
- 3&4& Step right to right side, step back on left, step right to right side, cross left over right.
- 5 – 6& Step right to right side, rock back on left, recover onto right.
- 7 Make ¼ turn left stepping left forward. [9:00]

[16 – 24] FULL TURN SHUFFLE, ½ PIVOT-STEP, STEP, FULL TURN SHUFFLE, ¼ PIVOT-STEP, CROSS, SIDE, BEHIND

- 8 & 1 Make ½ turn left stepping back on right, make ½ turn left stepping left forward, step right forward.
- 2 & 3 Step left forward, make ½ turn right stepping right forward, step left forward. [3:00]
- 4 & 5 Make ½ turn left stepping back on right, make ½ turn left stepping left forward, step right forward.
- 6 & 7 Step left forward, make ¼ turn right stepping right to right side, cross left over right. [6:00]
- 8& Step right to right side, step left behind right.

Note Easier option for 8&1 and 4&5:

Replace full turn shuffle with shuffle-step forward (right forward, left together, right forward)

[25 – 32] SWAY RIGHT, SWAY LEFT, SAILOR-STEP, ¼ TURN SAILOR-STEP, ¼ PIVOT-STEP

- 1 – 2 Step right to right side and sway hips right, step left to left side and sway hips left.
- 3 & 4 Step right behind left, step left to left side, step right to right side.
- 5 & 6 Step left behind right, make ¼ turn left stepping right to right side, step left to left diagonal. [3:00]
- 7 – 8 Step right forward, make ¼ turn left stepping left to left side. [12:00]

[33 – 40] JAZZ-BOX, SHUFFLE, ½ TURN MAMBO-STEP, SHUFFLE

- 1 & 2 Cross right over left, step back on left, step right to right side.
- 3 & 4 Step left forward, step right next to left, step left forward.
- 5 & 6 Rock right forward, recover onto left, make ½ turn right stepping right forward. [6:00]
- 7 & 8 Step left forward, step right next to left, step left forward.

[41 – 48] JAZZ-BOX, SHUFFLE, ½ PIVOT-STEP X2

- 1 & 2 Cross right over left, step back on left, step right to right side.
- 3 & 4 Step left forward, step right next to left, step left forward.
- 5 – 6 Step right forward, make ½ turn left stepping left forward. [12:00]
- 7 – 8 Step right forward, make ½ turn left stepping left forward. [6:00]

