

Sea Cruise (海上漫遊) (zh)

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: High Beginner
编舞者: Nina Chen (TW) - 2019年02月
音乐: Sea Cruise - Johnny Rivers



Intro: 48 counts - No Tag ! No Restart !!

Sec1: CHASSE R, ROCK BACK - RECOVER, GRAPEVINE L

1&2, 3-4 Step RF to R - Step LF beside RF - Step RF to R, Rock LF back - Recover on RF
5-8 Step LF to L - Cross RF behind LF - Step LF to L - Cross RF over LF
1&2, 3-4 右足右踏 - 左足併踏右足旁 - 右足右踏, 左足後下沉 - 重心回右足
5-8 左足左踏 - 右足後跨 - 左足左踏 - 右足前跨

Sec2: CHASSE L, ROCK BACK - RECOVER, SIDE - BEHIND - SIDE - CROSS - 1/4 R BRUSH

1&2, 3-4 Step LF to L - Step RF beside LF - Step LF to L, Rock RF back - Recover on LF
5-6&7-8 Step RF to R - Cross LF behind RF - Step RF to R - Cross LF over RF - 1/4 turn R (3:00)
brush RF fwd
1&2, 3-4 左足左踏 - 右足併踏左足旁 - 左足左踏, 右足後下沉 - 重心回左足
5-6&7-8 右足右踏 - 左足後跨 - 右足右踏 - 左足前跨 - 右轉 1/4 (3:00) 右足前刷

Sec3: (R&L) DIAGONAL FWD SHUFFLE, JAZZ BOX 1/4 R

1&2, 3&4 Step RF slightly diagonal fwd - Step LF behind RF - Step RF slightly diagonal fwd, Step LF
slightly diagonal fwd - Step RF behind LF - Step LF slightly diagonal fwd
5-8 Cross RF over LF - Step LF back - 1/4 turn R (6:00) step RF to R - Cross LF over RF
1&2, 3&4 右足略右斜前踏 - 左足鎖於右足後 - 右足略右斜前踏, 左足略左斜前踏 - 右足鎖於左足後 - 左足
略左斜前踏
5-8 右足前跨 - 左足後踏 - 右轉1/4 (6:00) 右足右踏 - 左足前跨

Sec4: (R & L) HEEL SWITCH, FWD - PIVOT 1/4 L, KICK BALL CHANGE(x2)

1&2&, 3-4 Touch R Heel fwd - Step RF beside LF - Touch L Heel fwd - Step LF beside RF, Step RF fwd
- Pivot 1/4 turn L (3:00) weight on LF
5&6, 7&8 Kick RF fwd - Step RF beside LF - Step LF in place, Kick RF fwd - Step RF beside LF - Step
LF in place
1&2&, 3-4 右足跟前點 - 右足回併踏 - 左足跟前點 - 左足回併踏, 右足前踏 - 向左踏轉1/4 (3:00) 重心回左
足
5&6, 7&8 右足前踢 - 右足回踏 - 左足原地踏, 右足前踢 - 右足回踏 - 左足原地踏

Have Fun & Happy Dancing !!!

Contact Nina Chen : nina.teach.dance@gmail.com