

AB Breaks Like A Heart

COPPER KNOB
BY STEPHEN T. C.

拍数: 32 墙数: 4 级数: Absolute Beginner
编舞者: K. Sholes (USA) & Shirley Blankenship (USA) - February 2019
音乐: Nothing Breaks Like a Heart (feat. Miley Cyrus) - Mark Ronson



Section 1: Step, Lock, Step, Scuff X2

1-4 Step R forward, Lock L behind R, Step R forward, Scuff L,
5-8 Step L forward, Lock R behind L, Step L forward, Scuff R.

Section 2: Rocking Chair X2

1-4 Rock R forward, Recover L, Rock R back, Recover L,
5-8 Rock R forward, Recover L, Rock R back, Recover L.

Section 3: Step, 1/4 Pivot, Walk, Walk, Rock, Recover, Walk Walk

1-4 Step R, Pivot 1/4 left, Walk RL forward,
5-8 Rock R forward, Recover L, Walk RL forward.

Section 4: Rock, Recover, Cross, Hold X2

1-4 Rock R to side, Recover L, Cross R over L, Hold,
5-8 Rock L to side, Recover R, Cross L over R, Hold.

Restarts: Wall #3 (6:00) after Section 3, Wall #6 (9:00) after Section 2

Begin Again! It's All About Fun!
