

How's It Feel

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Will Craig (USA) - January 2019
音乐: Without Me - Halsey



#16 Count Intro

Night Club Basic Right, Forward Rock Recover, Back Lock, Back Back Lock 1/2 Turn

1 2& Step R to right side (1) Rock L behind R (2) Recover weight to R (&)
3 4& Step L forward (3) Rock R forward (4) Recover L (&)
5 6& Cross R over L (5) Step back L (6) Step back R (&)
7&8& Cross L over R (7) Step back R (&) Make 1/4 turn left stepping L to left side (8) Make 1/4 turn left stepping R next to L (&) (6:00)

Step Sweep, Cross Side Behind Sweep, Behind Side Cross, Side Cross, 1/2 Side Cross

1 2& Step L forward while sweeping R from back to front (1) Cross R over L (2) Step L to left side (&)
3 4& Step R behind L while sweeping L from front to back (3) Step L behind R (4) Step R to right side (&)
5 6& Cross L over R (5) Step R to right side (6) Cross L over R (&)
7 8& Put weight on R while making 1/2 turn left (7) Step L to left side (8) Cross R over L (&) (12:00)

Side Step Arm Wave Across Body and Back Down, Rock Recover, 1/2 Turn, Side Step Arm Wave Across Body and Back Down, Coaster Step

1 2 Step L to left side taking right arm from waist in a rolling motion up to left shoulder (1) Rolling arm back down to waist ending weight to R (2)
3&4 Rock L behind R (3) Recover to R (&) putting weight to L make 1/2 turn right (4) (6:00)
5 6 Step R to right side taking left arm from waist in a rolling motion up to right shoulder (5) Rolling arm back down to waist ending weight to L (6)
7&8 Step R back (7) Step L next to R (&) Step R forward (8)

Step Lock Step, Rock 1/4 Cross, 1/4 turn, 1/4 turn, Cross and Cross

1&2 Step L forward (1) Lock R behind L (&) Step L forward (2)
3&4 Step forward R (3) make 1/4 turn left weight to L (&) Cross R over L (4) (3:00)
5 6 Make 1/4 turn right stepping L back (5) Make 1/4 turn right stepping R to right side (6) (9:00)
7&8 Cross L over R (7) R to right side (&) Cross L over R (8)

REPEATS: AFTER WALL 2 and 4 you repeat the last 16 counts.

You change counts 31 & 32 to:

7&8 Cross Rock L over R (7) Recover to R (&) Step L to left side (8)

Go into last 16 counts by adding a & count

Side Step Arm Wave Across Body and Back Down, Rock Recover, 1/2 Turn, Side Step Arm Wave Across Body and Back Down, Coaster Step

&1 2 Step R next L (&) Step L to left side taking right arm from waist in a rolling motion up to left shoulder (1) Rolling arm back down to waist ending weight to R (2)
3&4 Rock L behind R (3) Recover to R (&) putting weight to L make 1/2 turn right (4)
5 6 Step R to right side taking left arm from waist in a rolling motion up to right shoulder (5) Rolling arm back down to waist ending weight to L (6)
7&8 Step R back (7) Step L next to R (&) Step R forward (8)

Step Lock Step, Rock 1/4 Cross, 1/4 turn, 1/4 turn, Cross and Cross

1&2 Step L forward (1) Lock R behind L (&) Step L forward (2)

3&4 Step forward R (3) make 1/4 turn left weight to L (&) Cross R over L (4)
5 6 Make 1/4 turn right stepping L back (5) Make 1/4 turn right stepping R to right side (6)
7&8 Cross L over R (7) R to right side (&) Cross L over R (8)

Restart: Wall 5 dance till count 16
