There Was A Girl

拍数: 32

级数: Intermediate

编舞者: Janet Cummings (USA) - February 2019

音乐: There Was This Girl - Riley Green

Intro: 32 Counts - No Tags #4 Restarts - (Wall 2) 16 Ct, (Wall 4) 24 Ct, (Wall 6) 16Ct (Wall 10) 24Ct

PATTERN: 32, 16, 32, 24, 32, 16, 32, 32, 32, 32, 32, 32, 32

R STEP FORWARD, L STEP TOGETHER, OUT-OUT, HOLD; R HEEL IN, TOE IN, LEFT HEEL IN, TOE IN

- 1, 2, &3, 4 R Step Forward, L Together, Quickly Step R Out, L Out, Hold
- 5, 6, 7, 8 Twist R Heel In, R Toe In, L Heel In, L Toe in (12:00)

R STEP/PIVOT, KICK, SIDE, ROCK, CROSS; ROCK, RECOVER, ½ RIGHT TURN, ¼ RIGHT TURN

- 1&2 Step R Forward/Pivot 1/2 Left, Kick L
- 3&4 Step Left, Recover R, Cross L over R
- 5, 6 Rock R, Recover L

Step Back on R, Turn ½ Right, Step Back on L, Turn ¼ Right (3:00) 7.8

***Restart HERE on Walls 2 & 6

RIGHT SIDE, ROCK, BEHIND, SIDE, FORWARD; STEP L FORWARD BALL TURN ½ LEFT, WALK, WALK

- Step Right to Side, Rock Left, Step R Behind L, Step L, Step R Forward 1.2.3&4
- 5, 6 Step L Forward, Turn 1/2 Left on Ball of L Foot, Hitch R Knee During Turn
- 7,8 Walk Forward R, L (9:00)

***Restart HERE on Walls 4 & 10

R KICK, STEP, POINT, TWIST LEFT, TWIST RIGHT; L KICK, STEP, POINT, TWIST RIGHT, TWIST LEFT

- R Kick, Step, L Point to Side, Twist Left, Lower L Heel, Balance With R Toe, Twist Right, 1&2, 3, 4 Lower R Heel, Balance With L Toe
- L Kick, Step, R Point to Side; Twist Right, Lower R Heel, Balance With L Toe; Twist Left, 5&6, 7, 8 Lower L Heel, Balance With R Toe (9:00)

Dance for physical and mental health!

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墙数:4