

My Country and I

COPPER KNOB
BY SHEETS

拍数: 16 墙数: 4 级数: High Beginner Rolling count
编舞者: Diana Liang (CN) - February 2019
音乐: Wo He Wo De Zu Guo (我和我的祖国) - Liao Chang Yong (廖昌永) & Tan Jing (谭晶)



Sequence: 16, 16, 18, 14, 16, 16, 18, 18, 8
Step in on Lyric.

S1: Side Drag, 1/4 RT Shuffle Back, Coaster, Forward 1/4 LT Sweep Forward, Cross Sweep, Cross Side Point, Back 1/4 LT Sweep Back, Coaster

1 Rf side on 1 while dragging Lf to Rf
2&a 1/4 RT Lf back on 2, Rf lock front on &, Lf back on a, 3h
3&a Rf back on 3, Lf together on &, Rf forward on a
4 Lf forward on 4 while making ¼ LT and Rf sweeping forward 12h
5 Rf cross on 5 while Lf sweeping forward
6& Lf cross on 6, Rf side point on &
7 Rf back on 7 while Lf sweeping back with 1/4 LT, 9h
8&a Lf back on 8, Rf together on &, Lf forward on a
(2 counts bridge here on Wall 3,4,7,8)

S2: Side Drag RL, 1/8 LT Back Back 1/8 LT Back, 1/8 LT Forward Forward 1/8 LT Forward, 1/8 LT Back, 3/8 LT Shuffle Forward, Forward, 1/2 RT Shuffle Forward

1 Rf side on 1 while Lf dragging to Rf
2 Lf side on 2 while Rf dragging to Lf
3&a 1/8 LT Rf back on 3, Lf back on &, 1/8 LT Rf back on a, 6h
4&a 1/8 LT Lf forward on 4, Rf forward on &, 1/8 LT Lf forward on a, 3h
(Restart here on Wall 4)
5 1/8 LT Rf back on 5,
6&a 2 1/8 LT Lf beside Rf on 6, Rf together on &, 1/8 LT Lf forward on a, 9h
7 Rf forward
8&a 1/4 RT Lf recover on 8, 1/4 RT Rf slightly forward on &, Lf forward on a, 3h

Bridge: = 1,2 of S2

On wall 3,4,7,8, insert 2 counts side drag RL between S1 and S2

1 Rf side on 1 while Lf dragging to Rf
2 Lf side on 2 while Rf dragging to Lf

Restart: on Wall 4, only dance upto 14 counts, then restart

Ending: on Wall 9, replace 8&a of S1 with coaster 1/4 RT, then pose to finish

8&a Lf back on 8, Rf together on &, 1/4 RT Lf side and pose to 12h

Thanks and happy dancing!

Contact: procankm@hotmail.com