

No Roots

COPPERKNOB
STEPSHEETS

拍数: 32 墙数: 2 级数: Beginner
编舞者: Sophie Ruhling (FR) - November 2017
音乐: No Roots - Alice Merton



#29s intro (start on vocals + music after guitar beat) - 1 TAG - 2 RESTART

SECT.1 : TOE STRUT R BACK, TOE STRUT L BACK, MONTEREY 1/2 TURN R

1-2 back R toe, drop R heel
3-4 back L toe, drop L heel
5-6 point R to R side, 1/2 turn R on L ball and step R in place (6.00)
7-8 point L to L side, step L in place

SECT.2 : TOE STRUT R BACK, TOE STRUT L BACK, MONTEREY 1/2 TURN R

1-2 back R toe, drop R heel
3-4 back L toe, drop L heel
5-6 point R to R side, 1/2 turn R on L ball and step R in place (12.00)
7-8 point L to L side, step L in place

*restart here walls 2 & 7 (6.00)

SECT.3 : TRIPLE STEP R SIDE, CROSS ROCK L OVER R, VINE L 1/4 TURN L, TOUCH R

1&2 step R to R side, step L beside R, step R to R side
3-4 cross rock L over R, recover on R
5-6 step L to L side, cross R behind
7-8 1/4 turn L walk L, touch R in place (9.00)

SECT.4 : BIG STEP R TO R SIDE, SLIDE L, TOUCH L, POINT L, TOUCH L, THREE STEP TURN TO L SIDE WITH 1/4 TURN L

1-2 big step R to R side, slide L to R side and touch L in place
3-4 point L to L side, touch L in place
5-6 1/4 turn L walk L, 1/4 turn L step R to R side (3.00)
7-8 3 /4 turn L walk L, touch R in place (6.00)

*tag here end of wall 10 (12.00)

TAG : 1-4 OUT OUT IN IN

1-2 walk R diagonal R, walk L diagonal L
3-4 back R in place, back L in place

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