# **Nona Manis**



拍数: 48 墙数: 1 级数: High Beginner

编舞者: Hilda Foo (NZ) - February 2019 音乐: Oh Nona Manis - Richie Ricardo



### Start on vocals (20 counts in)

## Section A: Prissy Walks. Hold. Rocking Chair

1-4 Walk forward on right. Hold. Walk forward on left. Hold.

5-8 Forward rock on RF, recover on L, Rock back on RF, recover on L

#### Section B: Rumba box. Hold

1-4 Step RF to right, step LF besides R, step RF back. Hold5-8 Step LF to left, step RF besides L, step LF forward. Hold

## Section C: ½ pivot turn left. Hold. Full turn right. Hold

1-4 Step RF forward, ½ pivot turn left, step RF forward. Hold

5-8 ½ turn step back on L, ½ turn step RF forward. Step LF forward. Hold

#### Section D: Side together cross, Hold. Side together forward. Hold

Step RF to right, step LF besides Right, Cross RF over L. Hold
Step LF to left, step RF besides L, Cross LF over R. Hold

## Section E: ½ pivot turn left, shuffle forward. Full turn right, forward shuffle

123&4 Step RF forward, ½ pivot turn left, shuffle forward RLR

567&8 ½ turn stepping back on L, ½ turn step forward on R, Shuffle LRL

#### Section F: Step together. Step Side. Touch.

1-4 Step RF to R, step LF besides R, step RF to R, touch LF besides R

5-8 Mirror with LF

#### Tag 1 (16 cts) End of Wall 1

#### Step. Side touches (repeat 2x)

Step RF to right, touch LF besides R. Step LF to left, Touch RF besides L.
 Step RF to right, touch LF besides R. Step LF to left, touch RF besides L

## Tag 2 (4 cts) End of Wall 2. Repeat 1st 4 counts of Tag 1

#### Tag 3 (4 cts) Wall 3 after 1st 40 counts.

1-4 Sway RLRL

## Then Restart

This dance is dedicated to my dear sister, Lily Foo, forever sweet and loving.

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