

Perfect (P)

拍数: 32 墙数: 1 级数: Intermediate Partner
编舞者: Sophie Ruhling (FR) - December 2017
音乐: Perfect - Ed Sheeran



Start on lyrics "love" - 2 RESTART - 2 COUNT ENDING

LADY'S STEPS

(Closed Position, facing RLOD)

SECT.L1 : POINT R SIDE, POINT R FWD, POINT R SIDE, BEHIND-SIDE-CROSS, POINT L SIDE, TOUCH L, SAILOR STEP 1/4 L, WALK L

1-2-3 point R to R side, point R fwd, point R to R side
4&5 cross R behind L, step L to L side, cross R over L
6-7 point L to L side, touch L beside R
8&1 cross L behind R, 1/4 turn L step R to R side, walk L (facing OLOD) (R hand holding man's L hand)

***restart here wall 4 : on counts 8&1 do: POINT L TO L SIDE, STEP L BESIDE R, POINT R TO R SIDE**

SECT.L2 : LOCKED TRIPLE R FWD, STEP 1/2 TURN R WALK L, WALK R, WALK L, MILITARY 1/4 TURN L, BACK R

2&3 walk R, walk L locked behind R, walk R
4&5 walk L, 1/2 turn R (weight on R), walk L (L hand holding man's R hand) (facing ILOD)
6-7 walk R, walk L
8&1 walk R, 1/4 turn L (weight on L), back R (Closed Position) (facing RLOD)

***restart here wall 8 after counts 8& (point R to R side on count 1)**

SECT.L3 : 1/4 TURN L STEP L, 1/4 TURN L WALK R, ROCK STEP L FWD 1/4 TURN L BIG STEP L, TOUCH R, POINT R, CROSS R, 1/4 TURN R STEP L, BIG STEP R FWD

2-3 1/4 turn L step L to L side (facing OLOD), 1/4 turn L walk R (facing LOD)
4&5 rock step L fwd, recover on R, 1/4 turn L big step L to L side (R hand holding man's L hand) (facing ILOD)
6-7 touch R in place, point R to R side
8&1 cross R behind L, 1/4 turn R step L to L side, big step R fwd (Open Right Parallel Position) (facing LOD)

SECT.L4 : TRIPLE STEP L FWD, 1/2 TURN L TRIPLE STEP R BACK, 1/2 TURN L TRIPLE STEP L FWD, STEP 1/2 TURN L

2&3 walk L, walk R beside L, walk R
4&5 1/4 turn L step R to R side, step L beside R, 1/4 turn L back R (just holding man's R hand while turning CCW under her R arm) (facing RLOD)
6&7 1/4 turn L step L to L side, step R beside L, 1/4 turn L walk L (facing LOD)
8& walk R, 1/2 turn L (weight on L) (Closed Position) (facing RLOD)

***ENDING wall 10: do sections 1-2 up to counts 8&, then add these 2 counts: POINT R TO R SIDE, POINT R FWD**

MAN'S STEPS

(Closed Position, facing LOD)

SECT.M1 : POINT L SIDE, POINT L BACK, POINT L SIDE, CROSS-STEP-CROSS, POINT R SIDE, TOUCH R, SAILOR STEP 1/4 R

1-2-3 point L to L side, point L back, point L to L side
4&5 cross L over R, step R to R side, cross L behind R
6-7 point R to R side, touch R in place

8&1 cross R behind L, 1/4 turn R step L to L side, walk R (L hand holding lady's R hand) (facing OLOD)

***restart here wall 4: on counts 8&1 do: POINT R TO R SIDE, STEP R BESIDE L, POINT L TO L SIDE**

SECT.M2 : LOCKED TRIPLE L FWD, STEP 1/2 TURN L, WALK R, WALK L, WALK R, MILITARY 1/4 TURN R, WALK L

2&3 walk L, walk R locked behind L, walk L

4&5 walk R, 1/2 turn L (weight on L), walk R (R hand holding lady's L hand) (facing ILOD)

6-7 walk L, walk R

8&1 walk L, 1/4 turn R (weight on R), walk L (Closed Position) (facing LOD)

***restart here wall 8 after counts 8& (point L to L side on count 1)**

SECT.M3 : 1/4 TURN L STEP R SIDE, 1/4 TURN L STEP L BACK, ROCK STEP R BACK, 1/4 TURN R BIG STEP R SIDE, TOUCH L, POINT L, 1/4 TURN L WALK L, 1/2 TURN L BACK R, WALK L

2-3 1/4 turn L step R to R side (facing ILOD), 1/4 turn L back L (facing RLOD)

4&5 rock step R back, recover on L, 1/4 turn R big step R to R side (L hand holding lady's R hand) (facing ILOD)

6-7 touch L in place, point L to L side

8&1 1/4 turn L walk L (facing RLOD), 1/2 turn L back R, walk L (facing LOD), (Open Right Parallel Position)

SECT.M4 : TRIPLE STEP R FWD, TRIPLE STEP L FWD, TRIPLE STEP R FWD, ROCK STEP L BACK

2&3 walk R, walk L beside R, walk R

4&5 walk L, walk R beside L, walk L (just holding lady's R hand while she is turning)

6&7 walk R, walk L beside R, walk R

8& rock step L back ,recover on R (Closed Position) (facing LOD)

***ENDING wall 10: do sections 1-2 up to counts 8&, then add these 2 counts: POINT L SIDE TO L SIDE , POINT L BACK**

LOD: line of dance (moving CCW)

RLOD: reverse line of dance (woman's or man's back facing LOD)

ILOD: inside line of dance (facing the center)

OLOD: outside line of dance (facing the wall)

Closed Position: couple facing each other, man's L hand holding lady's R hand + lady's L arm resting on man's R shoulder

Open Right Parallel: couple facing LOD, lady to man's R side slightly ahead of him + R hands together and L hands together on shoulders' level
