

Lonesome Train

COPPERKNOB
STEPSHEETS

拍数: 48 墙数: 4 级数: Beginner
编舞者: Teri Rogers (USA) - February 2019
音乐: Lonesome Train (On a Lonesome Track) - Johnny Burnette & The Rock 'N' Roll
Trio : (Album: Johnny Burnette & the Rock 'N Roll Trio - iTunes)



Start Dance: on Lyrics

Right Toe heel step forward hold, Left Toe heel step forward hold

1-2 Touch right toe next to left, Touch right heel next to left
3-4 Step forward on R, hold
5-6 Touch left toe next to right, Touch left heel next to right
7-8 step forward on L, hold

(Repeat above) Right Toe heel step forward hold, Left Toe heel step forward hold

1-2 Touch right toe next to left, Touch right heel next to left
3-4 Sstep forward on R, hold
5-6 Touch left toe next to right, Touch left heel next to right
7-8 Sstep forward on L, hold

Step back right together right hold, step back left together left hold

1-2 Step back on right, step Left next to right
3-4 Step back on right, hold
5-6 Step back on left, step Right next to left
7-8 Step back on left, hold

Point right out in out in, vine right touch

1-2 Point right out to right side, touch right toe next to left,
3-4 Point right out to right side, touch right toe next to left,
5-6 (Vine) step right to right side, step left behind right
7-8 Step right to right side, touch left next to right

Point left out in out in, vine left touch

1-2 Point left out to left side, touch left toe next to right,
3-4 Point left out to ride side, touch left toe next to left,
5-6 (Vine) step left to left side, step right behind left
7-8 Step left to left side, touch right next to left

Diagonal step together step touch to right corner , straighten to center and step left together turn ¼ L step forward hold

1-2 Facing left diagonal step forward on right, step left next to right
3-4 Step right forward, touch left next to right
5-6 Straighten back to center and step left to left side, step right next to left
7-8 Turning ¼ left, step forward on left, hold

Start again - No Tags Or Restarts

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