

Music In My Heart

COPPER **KNOB**
BY STEPHENETS

拍数: 32 墙数: 2 级数: Improver
编舞者: Marja Urgert (NL) & Jan Van Tiggelen (NL) - February 2019
音乐: Music In My Heart - Michael English



Intro: 4 Counts, Start on the word "Music"

Sec 1: Back Rock, Recover, Lindi To R, Back Rock, Shuffle 1/2 Turn R

1&2 RF. Step to R side - LF. Close - RF. Step to R side
3-4 LF. Rock back - RF. Recover
5&6 Shuffle 1/2 turn R stepping L,R,L (6:00)
7-8 RF. Rock back - LF. Recover

Sec 2: Heel, Hook, Heel, Flick, Shuffle fwd x2

1&2& RF. Dig heel fwd - RF. hook across L leg - RF. Dig heel fwd - RF. Flick back
3&4 RF. Step fwd - LF. Close - RF. Step fwd
5&6& LF. Dig heel fwd - LF. hook across R leg - LF. Dig heel fwd - LF. Flick back
7&8 LF. Step fwd - RF. Close - LF. Step fwd

Sec 3: Rock fwd, Recover, & 1/4 Turn R, Cross, Side, Behind, Side, Cross, Hold, Side, Behind, Side, Cross

1-2 RF. Rock fwd - LF. Recover
&3&4 RF. 1/4 Turn R step to R side - LF. Cross over RF - RF. Step to R side - LF. Cross behind RF (9:00)
&5-6 RF. Step to R side - LF. Cross over RF - Hold
&7&8 RF. Step to R side - LF. Cross behind RF - RF. Step to R side - LF. Cross behind RF

Sec 4: Point To R Side, Hold, & Point To L Side with a 1/4 Turn R, & Point To R Side, Sailor with a 1/4 Turn R, Step fwd, 1/4 Turn R, Cross

1-2 RF. Point toe to R side - Hold
&3&4 RF. 1/4 Turn R step beside LF - LF. Point toe to L side - LF. Step together - RF. Point toe to R side (12:00)
5&6 RF. Cross behind LF with a 1/4 turn R - LF. Step Together - RF. Step fwd (3:00)
7&8 LF. Step fwd - 1/4 Turn R - LF. Cross over RF (6:00)

Start Again

Tag+Restart There's a 2 count tag, After the 2nd, 5th and 6th wall (12:00)

Stomp To R Side, Hitch

1-2 RF. Stomp to R side LF - RF. Lift knee

Contact: marja42@kpnmail.nl / co4ol72@kpnmail.nl