One Kiss EZ



编舞者: Sue Jennings (USA) - January 2019 音乐: One Kiss - Calvin Harris & Dua Lipa



#16 Count Intro

Great music to teach basic beginner steps of any combination. No tags, No restarts
So many times we look for basic dances to teach. This one shows Grapevines, Shuffles, Rock Recover,
Rocking Chair, Jazz Box, K step, Weave, Crosses, Toe Heels, Paddles and V Step. Plus it can be done as a
32 count or 64 count dance, or an AB Comb.

If doing combo AAB, AAB, AAB, AAB

GRAPEVINE R, GRAPEVINE L,

1-2	Step R to R side, step L behind R
3-4	Step R to R side, touch L to R
5-6	Step L to L side, step R behind L
7-8	Step L to L side, touch R to L

SHUFFLE FORWARD, ROCK RECOVER, SHUFFLE BACK ROCK RECOVER

1&2	Shuffle forward RLR
3-4	Rock forward L, recover R
5&6	Shuffle back LRL

7-8 Rock back R, recover L

ROCKING CHAIR, TURNING JAZZ BOX

1-2	Rock forward R, recover L
3-4	Rock back R. recover L

5-6 Cross R over L, stepping back on the L with a ¼ turn

7-8 Step R to R side, step L next to R

K STEP FORWARD, K STEP BACK

1-2	R diagonal step forward, touch L to R
3-4	L diagonal step back, touch R to L
5-6	R diagonal step back, touch L to R
7-8	L diagonal step forward, touch R to L

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WEAVE R, ROCK RECOVER, CROSS & CROSS

1-2	Step R to R side, step L behind R
3-4	Step R to R side, cross L over R

5-6 Rock R, recover L

7&8 Cross R over L, Step L, cross R over L

WEAVE L, ROCK RECOVER, CROSS & CROSS

1-2	Step L to L side, step R behind L
3-4	Step L to L side, cross R over L

5-6 Rock L, recover R

7&8 Cross L over R, Step R, cross L over R

PADDLE TURN X 2, TOE HEEL, TOE HEEL

1-2 Step forward R, paddle ¼ L
3-4 Step forward R, paddle ¼ L
5-6 Step R toe forward & heel
7-8 Step L toe forward & heel

R TURNING JAZZ BOX, STEP OUT, OUT, IN, IN

1-2	Cross R over L, stepping back on the L with a ¼ turn

3-4 Step R to R side, step L next to R5-6 Step R forward, Step L forward

7-8 Step R back, step L back