

# IF I BACK IT UP NOW (Whatcha gonna do)

**COPPER**STEPSHEETS**KNOB**

拍数: 32                      墙数: 4                      级数: Beginner  
编舞者: Ira Weisburd (USA) & Raymond Sarlemijn (NL) - February 2019  
音乐: If I Back It Up - NELLIE TIGER TRAVIS : (Album: Wanna Be With You/ Nellie Tiger Travis)



Genre: R&B Soul Line Dance

Introduction: 64 counts @ approximately 40 seconds.

**NO TAGS !! NO RESTARTS !!**

## **PART I. (BACK, BACK, BACK, TOUCH; BACK, BACK, BACK, TOUCH)**

1-2                      Step R back, Step L back  
3-4                      Step R back, Touch L beside R  
5-6                      Step L back, Step R back  
7-8                      Step L back, Touch R beside L

## **PART II. (BACK, RECOVER, TRIPLE STEP FORWARD; FORWARD, FORWARD, TRIPLE STEP FORWARD)**

1-2                      Step R back, Recover forward onto L  
3&4                      Step R forward, Step-close L beside R, Step R forward  
5-6                      Step L forward, Step R forward  
7&8                      Step L forward, Step-close R beside L, Step L forward

## **PART III. MODIFIED K-STEP w/ 1/4 L TURN (DIAGONAL FORWARD, TOUCH, L CHASSE; BACK, TOUCH, TRIPLE 1/4 L TURN)**

1-2                      Step R to R making 1/8 L Turn (10:30), Touch L beside R  
3&4                      Step L to L, Step-close R beside L, Step L to L  
5-6                      Step R back making 1/4 R Turn (1:30), Touch L beside R  
7&8                      Step to L making 1/8 Turn L (12:00), Step-close R beside L, Step L to L making 1/4 L Turn (9:00)

## **PART IV. (FORWARD, RECOVER, TRIPLE BACK; BACK, RECOVER, TRIPLE 1/2 R TURN)**

1-2                      Step R forward, Recover back onto L  
3&4                      Step R back, Step-close L beside R, Step R back  
5-6                      Step L back, Recover forward onto R  
7&8                      Step L forward making 1/4 R Turn, Step-close R beside L, Step L back making 1/4 R Turn (3:00)

**BEGIN DANCE.**

Contacts: [dancewithira@comcast.net](mailto:dancewithira@comcast.net) or [rsarlemijn@gmail.com](mailto:rsarlemijn@gmail.com)