

# Woman Amen

COPPERKNOB  
STEPSHEETS

拍数: 32      墙数: 2      级数: Beginner  
编舞者: Sophie Ruhling (FR) - February 2018  
音乐: Woman, Amen - Dierks Bentley



## #32 Count intro - 1 RESTART - ENDING

### SECT.1 : TAP R FWD, TAP R SIDE, SAILOR STEP R, TAP L FWD, TAP L SIDE, SAILOR STEP L

1-2            tap R fwd, tap R to R side  
3&4            cross R behind L, step L to L side, step R to R side  
5-6            tap L fwd, tap L to L side  
7&8            cross L behind R, step R to R side, step L to L side

### SECT.2 : TRIPLE STEP R FWD, TRIPLE STEP L FWD, HITCH R SCOOT L BACK, BACK R, HITCH L SCOOT R BACK, BACK L, STOMP R, STOMP L

1&2            walk R, walk L beside R, walk R  
3&4            walk L, walk R beside L, walk L  
&5            hitch R scoot L back, back R  
&6            hitch L scoot R back, back L  
7-8            stomp R, stomp L

\*restart here wall 3 (12.00)

\*ending here wall 11 (6.00): counts 7-8-1: STEP 1/2 TURN L - STEP R (walk R, 1/2 turn L with weight on L, walk R)

### SECT.3 : 1/2 APPLE JACK, TRIPLE STEP R BACK, POINT L BEHIND R, 1/2 TURN L

&1&2            swivel L toe and R heel to L side, back in place, swivel L heel and R toe to R side, back in place  
&3&4            swivel L toe and R heel to L side, back in place, swivel L heel and R toe to R side, back in place (weight on L)  
5&6            back R, back L beside R, back R  
7-8            point L behind R, 1/2 turn L (weight on L) (6.00)

### SECT.4 : TRIPLE STEP R SIDE, ROCK STEP L BACK, TRIPLE STEP L SIDE, STOMP UP R, KICK R

1&2            step R to R side, step L beside R, step R to R side  
3-4            rock step L back, recover on R  
5&6            step L to L side, step R beside L, step L to L side  
7-8            stomp up R, kick R fwd

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