

A Little Bit Psycho

拍数: 32 墙数: 4 级数: Beginner / Improver
编舞者: Alexandra Schmitt (DE) - February 2019
音乐: Sweet but Psycho - Ava Max



Notes: 1 Restart, Ending
Dance starts after 32 counts.

S1: Side, Cross, Side, Behind, Side Shuffle R, Cross Rock

1-2 Step right to right side, cross left over right (12:00)
3-4 Step right to right side, step left behind right
5&6 Step right to right side, Step left next to right, Step right to right side
7-8 Step left across right, recover weight back onto right

S2: Side Shuffle L, Cross, Side, Behind, Side, Cross Rock

1&2 Step left to left side, Step right next to left, Step left to left side
3-4 Step right over left, step left to left side
5-6 Step right behind left, step left to left side
7-8 Step right across left, recover weight back onto left

(Restart: Wall 10 at 3:00)

S3: Sailor Step Turning ¼ R, Step, Pivot ½ R, Step, Point R, Step, Point L

1&2 ¼ turn right stepping right behind left, step left next to right, step forward on right (3:00)
3-4 Step forward on left, ½ turn right (weight on right) (9:00)
5-6 Step forward on left, point right out to right side
7-8 Step forward on right, point left out to left side

S4: Rock Forward, Shuffle Back Turning ½ L, Toe Strut Forward R + L

1-2 Step forward on left, recover weight back onto right
3&4 ½ turn left stepping left, right, left (3:00)

End of dance here*...

5-6 Step forward on right toe, drop down heel
7-8 Step forward on left toe, drop down heel

Start again.

*Ending: Wall 12 facing 09:00 after steps 1-4 of the S4:

Rock Forward, Sailor Step Turning ¼ R

1-2 Step forward on right, recover weight back onto left
3&4 ¼ turn right stepping right behind left, step left next to right, step forward on right

Enjoy the Dance!