

Forget You

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Improver
编舞者: Bonita Malone (USA) - February 2019
音乐: Forget You - CeeLo Green : (Clean Version)



(Please note there is an "explicit" version to the song – to be avoided!)

No Restarts, No Tags

#16 count introduction

STEP, HEEL, STEP HEEL, SIDE, CROSS BACK, TRIPLE SIDE

1234 step R, L heel to side, step L, R heel to side
567&8 grapevine R cross back L, R side chasse' (slight turn to R)

CROSS, BACK, STEP, STEP, HEEL OUT, IN, HEEL OUT, IN

1234 L jazz square turning to face 3 o'clock with feet together
5&6&7&8& press L heel out, in, R heel out, in, L heel out, in, R heel out, in

FWD TRIPLE, STEP SIDE, TOGETHER, BKWD TRIPLE, STEP SIDE, TOGETHER

1&234 forward L triple, step R side, together step L
5&678 backward R triple, step L side, together step R

STEP, CLOSE QTR TURN, ROCK BACK, RECOVER, STEP, CLOSE QTR TURN, FWD TRIPLE

1234 step L, close R with quarter turn, ballchange (rock recover) L, R
567&8 step L, close R with quarter turn, forward L triple

Repeat

Wall 2 begins at 9 o'clock
Wall 3 begins at 6 o'clock
Wall 4 begins at 3 o'clock**

Optional **instead of L triple, do step L, R
REVERSE entire dance
