

# Land of 1000 Dances

**COPPER KNOB**  
STEPPERS

拍数: 16      墙数: 4      级数: Beginner  
编舞者: Susan Prats (USA) - February 2019  
音乐: Land of 1000 Dances - Wilson Pickett



**Start 8 beats into music, right lead**

## **RIGHT FORWARD MAMBO, LEFT BACK MAMBO, RIGHT SIDE MAMBO, LEFT SIDE MAMBO**

1&2      Rock R forward (1), recover L (&), step R next to L (2)  
3&4      Rock L back (3), recover R (&), step L next to R (4)  
5&6      Rock R to right (5), recover L (&), step R next to L (6)  
7&8      Rock L to left (7), recover R (&), step L next to R (8)

## **CROSS TOUCH, STEP X 2, ROCKING CHAIR, PADDLE 1/4 LEFT**

1-2      Cross touch R over L (1), step R (2)  
3-4      Cross touch L over R (3), step L (4)  
5&6&      Rock R forward (5), step L in place (&), rock R back (6), step L in place (&)  
7-8      Step R forward (7), paddle 1/4 L (9:00) (8)

**Restart**

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