

# Hundred Miles

拍数: 32      墙数: 4      级数: Improver  
编舞者: Francoise Fournier (CH) - January 2019  
音乐: Hundred Miles by Gabriela Richardson, 100 BPM



**Intro: 18 Count (2 count before Lyrics) - Clockwise.**

## **KICK BALL CROSS CHASSE R, SIDE ROCK, BEHIND SIDE CROSS, ¼ TURN L**

1            RF Kick forward  
&            RF Step together on ball  
2            LF Cross over RF  
&            RF Step R  
3            LF Cross over RF  
4            RF Step R  
5            LF Recover weight  
6            RF Cross behind LF  
&            LF Step L  
7            RF Cross over LF  
8            LF ¼ Turn L, Step forward (9.00)

## **ROCKING CHAIR, ½ STEP TURN L, TRIPLE TURN L**

9            RF Step forward  
10           LF Recover weight  
11           RF Step backwards  
12           LF Recover weight  
13           RF Step forward  
14           LF ½ Turn L, Step forward (3.00)  
15           RF ¼ Turn L, Step R (12.00)  
&            LF Step together  
16           RF ¼ Turn L, Step backwards (9.00)

## **ROLLING WINE L, TOUCH, ¼ TURN R, OUT OUT IN IN**

17           LF ¼ Turn L, Step forward (6.00)  
18           RF ½ Turn L, Step backwards (12.00)  
19           LF ¼ Turn L, Step L (9.00)  
20           RF Touch together  
21           RF ¼ Turn R, Step diagonally forward (12.00)  
22           LF Step L  
23           RF Step in centre  
24           LF Step together (12.00)

## **¼ TURN R, SHUFFLE, JAZZ BOX TOUCH, KICK BALL STEP**

25           RF ¼ Turn R, Step forward (3.00)  
&            LF Step together  
26           RF Step forward  
27           LF Cross over RF  
28           RF Step backwards  
29           LF Step L  
30           RF Touch together  
31           RF Kick forward  
&            RF Step together on ball  
32           LF Step forward (3.00)

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