

For the First Time

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: High Beginner
编舞者: April Barker - January 2019
音乐: For the First Time - Darius Rucker



INTRO- 32 COUNTS - Start with lyrics, approx. :17 in

SECTION 1- Heel kicks, toe taps, boot slaps

- 1,2 Kick L heel forward into the ground twice
- 3,4 Tap L toe backward into ground, then swing L behind R leg and slap L with R hand
- 5,6 Tap L toe backward into ground twice
- 7,8 Kick L heel forward into ground, then swing L in front of R leg and slap L with R hand

SECTION 2- Traveling full turn

- 1-8 Do a full 360 turn, starting by stepping down on L and slowly stepping RLR while turning all the way around counter clockwise. End by over rotating another ¼ turn counter clockwise so that you are now facing a new wall

SECTION 3- Grapevines

- 1,2,3,4 Grapevine R, end not by tapping toe but by kicking L up and out to the L
- 5,6,7,8 Grapevine L, ending with a ¼ turn to the right/clockwise, facing a new wall, and kicking R up and out in front of you

SECTION 4- Rock step/turning kick/tap

- 1,2 Rock back on R, replace weight on L
- 3,4 Step R down next to L, transferring weight to R
- 5,6 Kick L up and out in front of you
- 7,8 Turn ¼ to the right/clockwise while tapping L toe out and down to the L

No Tag Or Restarts, continue to repeat walls until the song is finished.
