

# 6 de La Mañana

**COPPER** **KNOB**  
STEPSHEETS

拍数: 32                      墙数: 2                      级数: Low Intermediate  
编舞者: Val Saari (CAN) - February 2019  
音乐: 6 AM (feat. Farruko) - J Balvin



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## **TOE-STRUTS FWD (RL), R SIDE MAMBO, WALK BACK (LR), MAMBO BACK**

1&2&            Touch RF toes forward, Step heel down, Touch LF toes forward, Step heel down  
3&4              RF Rock side right, LF recover, RF close together beside L  
5-6              Walk back, LF, RF  
7&8              Rock back on LF, Recover RF, Step LF beside R

## **WALK FORWARD, MAMBO FORWARD, TOE-STRUTS BACK X 2 (LR), L SIDE MAMBO**

1-2              Walk forward, RF, LF  
3&4              Rock forward on RF, Recover LF, Step RF beside left  
5&6&            Touch LF toes back, Drop heel, Touch RF toes back, Drop heel  
7&8              Rock LF To left side, RF recover, LF close together beside R

## **MODIFIED CROSS MAMBOS (R, L 1/4 PIVOT L), TOE STRUT V-STEP**

1&2&            RF Cross over L, LF Recover weight, Step RF toes right, Step heel down  
3&4&            LF Cross over R, RF Recover weight, Step LF toes 1/4 pivot L, Step heel down  
5&6&            Touch RF toe diagonally forward (1:00), Step heel down, Touch LF toe diagonally forward  
(11:00), Step heel down  
7&8&            Touch RF toe behind to centre, Step heel down, Touch LF toe beside R, Step heel down

## **MODIFIED CROSS MAMBOS (R, L 1/4 PIVOT L), KICK-BALL CHANGE X 2**

1&2&            RF Cross over L, LF Recover weight, Step RF toes right, Step heel down  
3&4&            LF Cross over R, RF Recover weight, Step LF toes 1/4 pivot L, Step heel down  
5&6              Kick RF forward, Step RF together, Step LF together  
7&8              Kick RF forward, Step RF together, Step LF together

**REPEAT - No Tags, No Restarts**

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