

A Day

COPPER KNOB
BYEONHEETS

拍数: 32 墙数: 4 级数: Improver / Intermediate
编舞者: Eun Mi Lim (KOR) & S.E.A of love (KOR) - February 2019
音乐: A Day (하루) - Kim Bum Soo (김범수)



Intro: #16 Counts (approx. 16secs); Restart in Wall 5

(S1) Side, Rock Back/Recover, Side, Behind, 1/4L Forward, Forward, Forward, Pivot 1/2R, Forward, Full Turn L.

1-2& Step R to right side, Rock back on L, Recover on R.
3-4& Step L to left side, Step R behind L, 1/4turn L stepping L forward. (9:00)
5-6& Step forward R, Step forward L, Pivot 1/2turn R (end weight on R) (3:00).
7-8& Step forward on L, 1/2turnL stepping R back (9:00), 1/2turn L stepping L forward (3:00).
*Restart at this point during wall 5 (facing 3:00)

(S2) Side, Cross, Side, Behind with Sweep, Behind, Side, Rock Cross/Recover, side, Rock Cross/Recover, side, Rock Cross/Recover.

1-2& Step R to right side, Cross L over R, Step R to right side.
3-4& Step L behind R while sweep R from front toward back. Step R behind L, Step L to left side.
5&6& Rock cross R over L, Recover on L, Step R to right side, Rock cross L over R.
7&8& Recover on R, Step L to left side, Rock cross R over L, Recover on L.

(Note: 5&6&7&8& - Ball step)

(S3) 1/4R Forward with sweep, Forward with sweep, Forward Lock Shuffle, Lunge Forward, Walk Back R-L-R, 1/2L Forward, Forward.

1-2 1/4turn R step R forward while sweep L from back toward front (6:00), Step L forward while sweep R from back toward front.
3&4 Step R forward, Step L behind R, Step R forward.
5-6& Lunge L forward bending L knee (Bring L arm forward), Step R Back, Step L Back.
7-8& Step R back, 1/2turn L stepping L forward (12:00), Step R forward.

(S4) Cross, Side, 1/8L Back, Back, 1/8L Side, 1/8L Forward, Forward, Behind, Forward, 1/8L Side with Sway, Side with Drag

1-2& Cross L over R, Step R to right side, 1/8turn L stepping L back (10:30).
3-4& Step R back, 1/8turn L stepping L to left side (9:00), 1/8turn L stepping R forward (7:30).
5-6& Step L forward, Step R behind L, Step L forward.
7-8 1/8turn L stepping R to right side with sway R (6:00), Step L to left side with drag R toward L.

(*) Footnote:

Wall 1, 3 and 5 start facing 12:00 / Wall 2 and 4 start facing 6:00.
*Restart: on Wall 5 dance up to count 8&, then restart facing 3:00.
Wall 6, 8 and 10 start facing 3:00 / Wall 7 and 9 start facing 9:00

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