

Hands On My Body

COPPER **KNOB**
BY STEPHEN STOKES

拍数: 24 墙数: 4 级数: Improver
编舞者: Brandi Hughes (CAN) - February 2019
音乐: Hands on My Body - Mariya Stokes



Intro: 8 Counts

Sec. 1: Weave, ¼ Turn, Touch, Rock, Recover, Lock Step

1-2 Step Right to right side (1), Cross Left behind Right (2)
&3&4 Step Right to right side (&), Cross Left in front of right (3), Step Right back making ¼ turn left (9:00(&)), Tap Left toe forward (4)
5-6 Step down on Left (5), Recover weight back on Right (6)
7&8 Step Left forward (7), Lock Right up behind left (&), Step Left forward (8)

Sec. 2: Sweep, Pop, Sweep, Pop, Cross, Side Rock, Recover, Cross, ¼ Turn, Step

1-2 Sweep Right around to left (1), Step Right down next to left popping Left knee (2)
3-4 Sweep Left foot around to right (3), Step Left down next to right popping Right knee (4)
5&6 Cross Right over left (5), Step Left to left side (&), Recover weight on Right (6)
7&8 Cross Left over right (7), Step Right back making ¼ turn left (6:00(&)), Step Left to left side (8)

Sec. 3: Syncopated Rocking Chair, Press, Sweep, Sailor ¼ Turn, Rock, Recover, Step/Drag

1&2& Step Right forward (1), Recover weight on Left (&), Step Right back (2), Recover weight on Left (&)
3-4 Press Right toe forward (3), Recover weight back on Left sweeping Right foot CW (4)
5&6 Cross Right behind left (5), Step Left to left side making ¼ turn right (9:00(&)), Step Right to right side (6)
7&8 Step Left forward (7), Recover weight back on Right (&), Step Left back dragging Right Heel back beside left (8)

Happy Dancing!

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