

Woman of the World

拍数: 48 墙数: 4 级数: Phrased Intermediate
编舞者: Nathan Gardiner (SCO) & Stephen & Lesley McKenna (SCO) - February 2019
音乐: Woman of the World - Amy Macdonald : (Album: Woman of the World the best of 2007-2018)



Intro:- 8 Counts

Sequence:- AABAA, TAG, AABAA, TAG, B, TAG, A until music ends (front wall finish)

PART A: 32 counts

Section A1: R Jazz box, 1/4 L, 1/2 L, sweep, low hook

1-2-3-4 Cross R over L, step back L, step R to R side, cross L over R
5-6 Make 1/4 L stepping back R, make 1/2 L stepping forward L
7-8 Sweep R back to front, slightly raise R hooking over L

Section A2: R Step lock step, L point, cross, point, 1/4 R, L point

1-2-3-4 Step forward R, lock L behind R, step forward R, point L toe to L side
5-6 Cross L over R, point R toe to R side
7-8 Make 1/4 R stepping forward R, point L toe to L side

Section A3: L cross, R side rock, rec, R cross shuffle, L low kick, L cross shuffle

1-2-3 Cross L over R, rock R to R side, recover L
4&5 Cross R over L, step L small step to L side, cross R over L
6 Low kick L to L diagonal
7&8 Cross L over R, step R small step to R side, cross L over R

Section A4: R side, tap, 1/4 R, kick, walk back R L, rock back (sit down), rec (up)

1-2 Step R to R side, tap L toe behind R
3-4 Make 1/4 R stepping back L, low kick R forward
5-6 Walk back R, walk back L
7-8 Rock back R (sitting position), recover forward L (up)

Dance part A on Walls:- 1, 2, 4, 5, 6, 7, 9, 10, 12 until music ends (Finish on front)

PART B: 16 counts

Section B1: R step, weave R, behind, side, step forward R L, R rock, rec, 1/2R, together

1 Step forward R as you sweep L back to front
2&3 Cross L over R, step R to R side, step L behind R as you sweep R front to back
4& Step R behind L, step L to L side,
5-6 Step forward R sweeping L back to front, step forward L sweeping R back to front
7& Rock forward R, recover L
8& Make 1/2 R stepping R, step L next to R

Section B2: R step, weave R, behind, side, step forward R L, R rock, rec, rock back (sit) rec (up)

1 Step forward R as you sweep L back to front
2&3 Cross L over R, step R to R side, step L behind R as you sweep R front to back
4& Step R behind L, step L to L side
5-6 Step forward R sweeping L back to front , step forward L sweeping R back to front
7& Rock forward R, recover L
8& Rock back R (sitting position), recover L (up)

Dance part B on walls :- 3, 8, 11

TAG:- 8 count tag danced at the end of wall 5, 10 & 11

1-2 Step forward R, sweep L back to front
3-4 Step forward L, sweep R back to front
5-6 Rock forward R, recover L
7-8 Rock back R (sit), recover L (up)

Enjoy!

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