

Rhythm of My Heart

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 2 级数: Upper Beginner
编舞者: Diana Bishop (AUS) - February 2019
音乐: Rhythm of My Heart - Rod Stewart



TAP, TAP, TRIPLE STEP ON SPOT

1.2.3&4 Tap R Toe To R Side X 2 - Step R,L,R In Place

TAP, TAP, TRIPLE STEP ON SPOT

5.6.7&8 Tap L Toe To L Side X 2 - Step L,R,L In Place

FWD, BACK, SHUFFLE BACK,

1.2.3&4 Step Fwd R, Back On L, Shuffle Back On R,L,R

BACK, FWD, SHUFFLE FWD

5.6.7&8 Back On L, Fwd On R, Shuffle Fwd On L,R,L

½ PIVOT L, STEP, SHUFFLE

1.2.3&4 Step R Fwd Turn ½ L, Step L Fwd, Shuffle Fwd On R,L,R

WALK, WALK, SHUFFLE

5.6.7&8 Step L Fwd, Step R Fwd, Shuffle Fwd On L,R,L

ROCK R TO L, CROSS SHUFFLE

1.2.3&4 Rock To R On R, Recover On L, Cross Shuffle To L On R,L,R

ROCK L TO R, CROSS SHUFFLE

5.6.7&8 Rock To L On L, Recover On R, Cross Shufflr To R On L,R,L

HIP SWAYS

1-4 Step R To R, Sway Hip To R, Then, L,R,L

DOUBLE HIPS TO R, DOUBLE HIPS TO L

5-8 2 Hip Bumps To R, 2 Hip Bumps To L

[32] COUNTS
